

FCC SEPTEMBER 2010

SEPTEMBER 1, 2010

LENGTH-01:00 ISSUE-HEALTH 5 SHOW TIME-SUNRISE

THIS IS A FLU VACCINE PATCH. DESIGNED BY RESEARCHERS AT EMORY UNIVERSITY AND THE GEORGIA INSTITUTE OF TECHNOLOGY, THE PATCH IS MADE UP OF 100 MICRO SIZE NEEDLES THAT DISSOLVE INTO THE SKIN. UNLIKE VACCINES ADMINISTERED THROUGH A SYRINGE, THE PATCH ADMINISTERS ITS DOSE OF PROTECTION WITHOUT USING A NEEDLE. IT'S A SAFE VACCINE, AND WE ARE ELIMINATING THE SHARPS, THE BIOHAZARDS BECAUSE IT'S A DISSOLVING PATCH AND IT DOES NOT INCLUDE ANY METAL PART. ALTHOUGH RESEARCHERS HAVE ONLY TESTED THE PATCH ON MICE, THEY SAY IT CAN EASILY BE ADAPTED TO HUMANS. HERE'S THE IDEA. JUST PRESS THE PATCH ON THE SKIN. THE NEEDLES ARE SO SMALL THEY ARE PAINLESS. LEAVE IT FOR 10 MINUTES, AND YOU'VE GOT YOUR FLU VACCINE. THEY DISSOLVE QUICKLY IN THE SKIN, THEY RELEASE THE VACCINE IN A RELIABLE WAY AND THEY GENERATE A GOOD, STRONG IMMUNE RESPONSE. DOCTORS SAY THE PATCH WILL PROBABLY NOT REPLACE THE STANDARD FLU VACCINE, BUT IT COULD BE USED ON CHILDREN AND PEOPLE WHO HAVE A PHOBIA OF NEEDLES. IF FUNDING CONTINUES, RESEARCHERS WILL EVENTUALLY TEST THE PATCH ON HUMANS TO MAKE SURE THE VACCINE IS SAFE AND EFFECTIVE. AND SCIENTISTS SAYS IT COULD BE AT LEAST FIVE YEARS BEFORE THE VACCINE PATCH MAKES IT TO YOUR DOCTOR'S OFFICE.

LENGTH-01:09 ISSUE-HEALTH 5 SHOW TIME-SUNRISE

A BRADENTON HOSPITAL UNVEILS PLANS ... TO BECOME THE VERY FIRST TRAUMA CENTER ON THE SUNCOAST. BLAKE MEDICAL CENTER OFFICIALS ANNOUNCING THEIR PLANS TUESDAY ... TO BECOME A LEVEL TWO ADULT TRAUMA CENTER.. HOSPITAL ADMINISTRATORS SAY THEY'VE DONE THEIR RESEARCH OVER THE PAST YEAR ... AND BELIEVE A CENTER IS GREATLY NEEDED IN THE AREA. RIGHT NOW.. TRAUMA PATIENTS ARE OFTEN FLOWN TO HOSPITALS IN ST PETERSBURG AND TAMPA.. WHEN BLAKE OPENS ITS CENTER, MANY OF THOSE PATIENTS ... WILL BE BROUGHT TO BRADENTON. BLAKE'S CEO SAYS THEY PLAN TO CARE FOR ABOUT 750 TRAUMA PATIENTS ... IN THEIR FIRST YEAR OF OPERATION. WE'VE SPENT A LOT OF TIME LOOKING AT THE NUMBERS OF PATIENTS THE PAYERS MIX OF THAT, AND THEN ON THE OTHER SIDE IS THE SPECIALIST THAT WE'LL HAVE TO BRING IN, THE CARE WE'LL HAVE TO COORDINATE THE EXPENSE OF THAT, AND WE THINK THE BENEFIT IT'S GOING TO BRING TO THE COMMUNITY FAR OUTWEIGHS ANY EXPENSE WE CAN HAVE." BLAKE PLANS TO ADD TWO TRAUMA BAYS ... TO THE EXISTING EMERGENCY ROOM AND MODIFY THE HELICOPTER LANDING PAD OUT FRONT. THE RENOVATIONS WILL COST ABOUT 2 AND HALF MILLION DOLLARS. BLAKE EXPECTS TO BE IN OPERATION AS A TRAUMA CENTER BY OCTOBER OF NEXT YEAR.

LENGTH-00:51 ISSUE-WOMEN 8 SHOW TIME-12:00

PREGNANT WOMEN MAY JOKE THAT THEY'RE EATING FOR TWO, BUT IN REALITY EXPECTANT MOMS DON'T HAVE A FREE PASS TO EAT EVERYTHING IN SIGHT. THE MARCH OF DIMES RECOMMENDS THE AVERAGE PREGNANT MOM EAT AN EXTRA 300 CALORIES EACH DAY, THAT'S ABOUT ONE CUP OF YOGURT AND AN APPLE. KEEP IN MIND THOUGH THAT CALORIC INTAKE SHOULD BE BASED ON YOUR WEIGHT BEFORE PREGNANCY SO IT'S IMPORTANT TO DEVELOP A PLAN WITH YOUR PROVIDER. THE AMOUNT OF WEIGHT PREGNANT WOMEN SHOULD GAIN IS DETERMINED BY PRE-PREGNANCY WEIGHT AS WELL. WE WOULDN'T LIKE THE MOMS TO GAIN AN AWFUL LOT OF WEIGHT, SO GAINING MORE THAN 20 POUNDS USED TO BE THOUGHT OF AS BAD BUT NOW WE SAY MORE THAN 30 POUNDS IS UNHEALTHY BUT NOT SO MUCH FOR THE BABY, MORE FOR THE MOM." WOMEN WHO GAIN TOO MUCH WEIGHT DURING PREGNANCY ARE AT RISK FOR HAVING AN EARLY OR LARGE BABY IN ADDITION TO DIABETES, HIGH BLOOD PRESSURE AND VARICOSE VEINS.

LENGTH-01:26 ISSUE-HEALTH 5 SHOW TIME-12:00

SANDRA COHEN REFERS TO HERSELF NOT AS A SURVIVOR, BUT A PRE-VIVOR I'M AT A REALLY HIGH RISK FOR GETTING BREAST OR OVARIAN CANCER, RIGHT NOW I'VE NEVER HAD CANCER SO I SURVIVED IT. COHEN HAS A HISTORY OF BREAST CANCER IN HER FAMILY....AND HAS THE BRCA GENE MUTATION...THAT MUTATION MAKES HER MORE LIKELY GET BREAST CANCER SOT//SANDRA COHEN - IT DID FEEL LIKE A TICKING TIME BOMB AND THAT MY TIME WAS RUNNING OUT. SO SANDRA DECIDED TO HAVE HER BREASTS AND HER OVARIES REMOVED EVEN THOUGH SHE'S NEVER BEEN DIAGNOSED WITH CANCER UNTIL I HAD KIDS AND STARTED TO THINK ABOUT WHAT THEIR FUTURE COULD BE I FELT MORE STRONGLY THAT I NEEDED TO TAKE ACTION SO THAT THEY WOULDN'T LIVE IN FEAR SHARYN S/U SOME FRIENDS THOUGHT HER DECISION WAS "RADICAL"...BUT THE NEW STUDY VALIDATES THE CHOICE...SHE AND THOUSANDS OF HEALTHY WOMEN HAVE ALREADY MADE. RESEARCHERS LOOKED AT NEARLY 2500 WOMEN WITH THE BCRA GENETIC MUTATIONS. OF THE 247 WOMEN WHO CHOSE TO UNDERGO PREVENTIVE MASTECTOMIES.. NOT ONE DEVELOPED CANCER. OF THE MORE THAN 900 (939) WHO DECIDED TO PREVENTATIVELY.....HAVE THEIR OVARIES AND TUBES REMOVED... 10 GOT CANCER. COMPARE THAT TO THE 16 HUNDRED WOMEN WHO CHOSE NOT TO UNDERGO ANY SURGERY.. ..98 OF THEM... WERE LATER DIAGNOSED WITH CANCER. KAT KLINE IS LOOKING AT THE NEW STUDY. SHE LEARNED SHE HAS THE BRCA MUTATION AT AGE 23 I'M NOT GOING TO JUMP TO SURGERY AT THIS MOMENT BECAUSE IT' S JUST NOT RIGHT FOR ME. I DON'T KNOW IF I WANT TO HAVE KIDS, I'M 31 AND I NEED TO FIGURE THAT OUT ON MY OWN WITH MY HUSBAND. PERSONAL DECISIONS THOUSANDS OF WOMEN NOW FACE. EACH ONE CHOOSING THEIR OWN COURSE...AND HOPING FOR THE VERY SAME RESULT....A LONG, HEALTHY LIFE.

LENGTH-00:21 ISSUE-CRIME 1 SHOW TIME-5:00

A CONVICTED MANATEE COUNTY SEX OFFENDER, ON THE RUN SINCE 1993, IS BACK BEHIND BARS. NORTH CAROLINA STATE TROOPERS ARRESTED MARK COLVIN AT A TRAFFIC STOP LAST WEEK FOR HAVING AN EXPIRED DRIVERS LICENSE UNDER AN ASSUMED NAME. ONCE AT THE JAIL, COLVIN'S FINGER PRINTS IDENTIFIED HIM AS A WANTED SEX OFFENDER. HE IS EXPECTED TO BE EXTRADITED BACK TO MANATEE COUNTY SOMETIME IN THE NEAR FUTURE.

LENGTH-00:22 ISSUE-DRUGS 11 SHOW TIME-5:00

A PORT CHARLOTTE MAN WHO SHERFF'S DEPUTIES SAY SWALLOWED TEN OXYCODONE PILLS IS TAKEN TO THE HOSPITAL --AND THEN TO JAIL. AUTHORITIES SAY ESTEBAN BURGOS SWALLOWED THE PILLS IN AN EFFORT TO DESTROY EVIDENCE WHEN HE REALIZED HE WAS THE TARGET OF AN UNDERCOVER STING. DEPUTIES TOOK HIM TO THE HOSPITAL WHERE HE WAS TREATED AND CLEARED BY DOCTORS. HE IS BEING HELD ON MORE THAN SEVENTEEN THOUSAND DOLLAR BOND.

LENGTH-01:12 ISSUE-HEALTH 5 SHOW TIME-5:00

DOES MARIJUANA REALLY LIVE UP TO ITS REPUTATION AS A SIMPLE WAY TO CONTROL PAIN? "THE REALITY IS MANY PEOPLE DO SMOKE IT AND HAVE SAID THAT THAT HELPS. WE NEED TO EVALUATE THAT. AND THIS IS A SMALL STEP IN THAT DIRECTION." THE STUDY IN THE CANADIAN MEDICAL ASSOCIATION JOURNAL FOLLOWED 21 PEOPLE WHO SUFFER FROM WHAT'S CALLED "NEUROPATHIC PAIN" -- UNEXPLAINED, OFTEN UNTREATABLE PAIN. THEY WERE GIVEN MEDICAL-GRADE MARIJUANA, GROWN IN MANITOBA, AND PUT INTO CAPSULES THAT WERE LIT AND INHALED. RESEARCHERS FOUND THAT COMPARED TO PLACEBO A SINGLE INHALATION OF 25-MILLIGRAMS OF CANNABIS, 3 TIMES A DAY, SIGNIFICANTLY REDUCED INTENSITY OF PAIN, IMPROVED SLEEP AND WAS WELL-TOLERATED. AND MOST PATIENTS SAID THEY DID NOT GET HIGH BECAUSE OF THE LOW DOSE THAT PROVIDED THIS ANALGESIC EFFECT. "WHAT IT WILL DO IS HIGHLIGHT FOR PATIENTS AND PHYSICIANS THE CANNIBINOIDS -- THE ACTIVE INGREDIENTS IN MARIJUANA -- ARE A LEGITIMATE CONTRIBUTION TO PAIN MANAGEMENT AND SHOULD BE CONSIDERED AS ONE OPTION WHEN YOU ARE TRYING TO TREAT CHRONIC PAIN." ONLY HALF OF ALL PATIENTS WITH NEUROPATHIC PAIN GET RELIEF WITH EXISTING MEDICATIONS, SO DOCTORS SAY OTHER TREATMENTS ARE NEEDED. "AT LEAST A MILLION CANADIANS SUFFER FROM NEUROPATHIC PAIN AND ARE DESPERATE FOR NEW, BETTER TREATMENTS. AND FURTHER RESEARCH LIKE THIS SHOULD BE ENCOURAGED." THERE ARE 100,000S AROUND THE WORLD WHO ALREADY RELY ON THIS ANCIENT COMPOUND, LIKE THIS MS PATIENT IN THE UK WHO USES IT IN SPRAY FORM. "YOU DON'T USE THIS TO GET HIGH AND HAVE A GOOD TIME. YOU USE THIS TO HELP PAIN AND FOR YOU TO CARRY ON YOUR LIFE."

LENGTH-00:44 ISSUE-CRIME 1 SHOW TIME-11:00

A NEARLY FOUR-HOUR HOSTAGE STANDOFF AT THE DISCOVERY CHANNEL ENDS WITH THE SUSPECT DEAD AND HOSTAGES FREED...AUTHORITIES SAY 43-YEAR-OLD JAMES LEE WALKED INTO THE MARYLAND BUILDING THIS AFTERNOON -- ARMED WITH A GUN AND EXPLOSIVES, AND HELD THREE PEOPLE HOSTAGE. THE STANDOFF ENDED WHEN POLICE SAY LEE POINTED A GUN AT THE HOSTAGES --- THEN A SNIPER FIRED A DEADLY SHOT. POLICE AND TACTICAL UNITS MOVED IN, THEY SHOT THE SUSPECT AND THE SUSPECT IS DECEASED. DISCOVERY CHANNEL MANAGERS SAY MOST OF THE 19-HUNDRED EMPLOYEES AT THE BUILDING WERE EVACUATED. A FEW, HOWEVER, STAYED ON THE UPPER FLOORS DURING THE STANDOFF. POLICE SAY LEE WAS AN ENVIRONMENTAL PROTESTER WHO HAD POSTED ONLINE RANTS AGAINST THE NETWORK IN THE PAST AND HAD EVEN BEEN ARRESTED FOR PROTESTING OUTSIDE THE BUILDING IN 2008.

LENGTH-00:45 ISSUE-WOMEN 8 SHOW TIME-11:00

SUNCOAST BREAST CANCER PATIENTS GETTING SOME HELP IN THEIR FIGHT AGAINST THE DISEASE...MEMBERS OF SARASOTA MEMORIAL HOSPITAL'S BREAST HEALTH NAVIGATOR PROGRAM TEAMING UP WITH VOLUNTEERS FROM THE SUSAN G. KOMEN FOUNDATION TO CREATE "CHEMO KITS" FOR PATIENTS. THE KITS ARE SPECIALLY DESIGNED VERA BRADELY TOTES, FILLED WITH SOCKS, JOURNALS, TEA AND OTHER PERSONAL CARE ITEMS -- TO HELP PATIENTS AS THEY UNDERGO TREATMENT...ORGANIZERS SAY THE KITS ALSO GIVE PATIENTS HOPE....THIS MIGHT JUST BE THAT ONE LITTLE RAY OF SUNSHINE KNOWING THAT THERE'S A GROUP OF WOMEN BEHIND THEM, SUPPORTING THEM, THERE'S HANDMADE QUILTS THAT ARE GOING TO GO IN THEM.. SO IF NOTHING ELSE THEY'LL LOOK STYLISH WITH THEIR NEW BAGS. KNOW THAT THERE'S SOME T-L-C GOING WITH IT. THE BREAST HEALTH NAVIGATORS PLAN TO HAND OUT 150 KITS...

SEPTEMBER 2, 2010

LENGTH-02:02 ISSUE-HEALTH 5 SHOW TIME-SUNRISE

WE ALL KNOW BY NOW THAT ADDING LOTS OF VEGETABLES AND FRUITS TO OUR DIET IS A HEALTHY IDEA. BUT NOW RESEARCHERS ARE FINDING THAT FRUITS AND VEGGIES CAN ACTUALLY DECREASE OUR RISK OF GETTING LUNG CANCER, ESPECIALLY IF WE SMOKE. BY USING DATA FROM THE EUROPEAN PROSPECTIVE INVESTIGATION INTO CANCER AND NUTRITION (EPIC) STUDY, RESEARCHERS FROM THE NETHERLANDS LOOKED AT MORE THAN 450-THOUSAND PARTICIPANTS, FOCUSING ON THE 16-HUNDRED WHO WERE DIAGNOSED WITH LUNG CANCER. BY STUDYING THEIR DIETS, SCIENTISTS FOUND, REGARDLESS OF THE AMOUNT, THOSE WHO ATE A VARIETY OF VEGETABLES AND FRUITS SEEMED TO DECREASE

THEIR RISK OF LUNG CANCER; IN PARTICULAR THE RISK OF ONE SPECIFIC TYPE OF LUNG CANCER CALLED SQUAMOUS (SQUAW-MUSS) CELL CARCINOMA, WHICH IS COMMON IN SMOKERS. DOCTORS BELIEVE FRUITS AND VEGETABLES CONTAIN MANY BIO-ACTIVE COMPOUNDS THAT ARE KNOWN TO FIGHT CERTAIN CANCERS. THE STUDY RESULTS ARE PUBLISHED IN THE RECENT JOURNAL OF CANCER EPIDEMIOLOGY, BIOMARKERS & PREVENTION . HOWEVER, EVEN THOUGH THE DATA IS IMPRESSIVE, THE AMERICAN CANCER SOCIETY WARNS THERE IS NO BETTER WAY TO FIGHT LUNG CANCER THAN TO AVOID SMOKING OR TO QUIT THE HABIT COMPLETELY.

LENGTH-01:02 ISSUE-HEALTH 5 SHOW TIME-12:00

FLU SEASON BEGINS IN OCTOBER .. AND THE SARASOTA COUNTY HEALTH DEPARTMENT WARNS YOU ... TO PROTECT YOURSELF AND YOUR FAMILY NOW. OFFICIALS SAY A BOUT WITH THE FLU CAN MAKE YOU EXTREMELY SICK ... INTERRUPT YOUR LIFE PUT YOU IN BED FOR 3 TO 5 DAYS ... AND SEND YOU TO THE HOSPITAL. . AND YOUR BEST DEFENSE FOR EVERY MEMBER OF YOUR FAMILY SIX MONTHS OLD AND OLDER ...IS A FLU SHOT. "THE FLU SHOTS ... 2 SHOTS THIS YEAR."THERE'S ALSO A NASAL SPRAY FLU VACCINE FOR CHILDREN AGE TWO AND ADULTS UP TO 50.THERE IS ALSO A STRONGER ... HIGHER DOSE FLU VACCINE THIS YEAR ... RECOMMENDED FOR THOSE 65 YEARS OLD AND OLDER.

LENGTH-01:48 ISSUE-HEALTH 5 SHOW TIME-12:00

WATCHING 21-YEAR-OLD CARL BUHER AT COLLEGE THIS WEEK, IT'S HARD TO IMAGINE WHAT HE'S BEEN THROUGH. ULTIMATELY, I HAVE HAD THREE FINGERS AMPUTATED; I'VE HAD BOTH OF MY FEET AMPUTATED ABOVE THE ANKLE-- I'VE HAD EXTENSIVE SKIN GRAFTS ALL OVER MY BODY. ALL BECAUSE OF A PREVENTABLE ILLNESS HIS FAMILY HAD NEVER EVEN HEARD OF. LORI BUHER - MOM: HE WENT FROM, YOU KNOW, SIX-FOOT-FOUR, 180 POUNDS, TO 130 POUNDS. AND IT WAS-- IT WAS INCREDIBLE. HE WAS JUST 14 AT THE TIME AND A ROCK SOLID FOOTBALL AND BASKETBALL PLAYER WITH NO HEALTH PROBLEMS. IT WAS THE DAY AFTER A FOOTBALL GAME, WHEN HE FELT WHAT SEEMED LIKE A BAD COLD OR FLU COMING ON. I STAYED HOME THE NEXT DAY AND WAS KINDA OUT OF IT AND WAS-- SLEPT MOST OF THE DAY, AND FELT DIZZY, AND DIDN'T REALLY KNOW WHAT WAS GOING ON. WITHIN HOURS HE WAS COVERED IN STRANGE RASH AND GETTING WORSE. HIS MOTHER TOOK HIM TO THE DOCTOR. CARL: AND THEY DID A SPINAL TAP AND CONFIRMED THE DIAGNOSIS OF BACTERIAL MENINGITIS. AND I WAS AIR-- AIRLIFTED TO CHILDREN'S HOSPITAL, IN SEATTLE. MY HEART STOPPED THREE TIMES ON THE HELICOPTER. I HAVE TO HOLD YOU OFF THERE. I MEAN, YOU'RE TALKING ABOUT LYING AROUND LIKE ANY KID WITH THE FLU, TALKING TO YOUR SISTER. AND THEN, WITHIN A MATTER OF HOURS, YOU'RE BEING AIRLIFTED AND YOUR HEART IS STOPPING? CARL BUHER: YEAH. AND THAT'S WHAT HAPPENS. YOU KNOW, I-- I'D NEVER HEARD OF IT, BUT IT WAS JUST SO QUICK.

BACTERIAL MENINGITIS IS RARE-ONLY ABOUT 12-HUNDRED CASES A YEAR-BUT IT CAN BE DEADLY. WHICH IS WHY THE CDC RECOMMENDS A MENINGITIS VACCINATION FOR KIDS RANGING FROM ELEVEN TO 18. PSA'S LIKE THIS ONE ARE NOW RUNNING BECAUSE DOCTORS HAVE FOUND THAT MANY PARENTS AREN'T AWARE. DR. ANNE SCHUCHAT // ASSISTANT SURGEON GENERAL: AT THIS POINT ONLY ABOUT 10% OF TEENS GET THE MENINGITIS VACCINE. IT'S BEEN RECOMMENDED SINCE 2005 AND WE HAVEN'T REACHED THE LEVEL OF COVERAGE THAT WE'D LIKE TO SEE. CARL'S RECOVERY WAS SLOW AND PAINFUL. CARL BUHER: I TELL PEOPLE, WHILE THIS WAS THE WORST THING THAT'S EVER HAPPENED TO ME, IT WAS ALSO THE BEST THING THAT EVER HAPPENED TO ME. BECAUSE IT COMPLETELY CHANGED WHO I WAS AS A PERSON, AND IT'S MADE ME A MUCH BETTER PERSON. HIS MESSAGE TODAY TO ANYONE WHO WILL LISTEN-GET VACCINATED.

LENGTH-01:20 ISSUE-HEALTH 5 SHOW TIME-12:00

MICHAEL DOUGLAS WAS WALKING ON LETTERMAN STAGE TO APPLAUSE TALKING PUBLICLY ABOUT IT FOR THE FIRST TIME ON "DAVID LETTERMAN'S" SHOW, DOUGLAS DISCLOSED THAT HE HAS STAGE FOUR THROAT CANCER - THE MOST ADVANCED STAGE WHICH MEANS IT IS LARGE OR COULD BE SPREADING. MICHAEL DOUGLAS SOT "I'VE GOT CANCER. I FOUND OUT ABOUT IT THREE WEEKS AGO." DOUGLAS SAID HE HAD COMPLAINED TO DOCTORS EARLIER IN THE SUMMER OF A PERSISTENT SORE THROAT, BUT THE CANCER WENT UNDETECTED FOR WEEKS UNTIL A WALNUT-SIZED TUMOR WAS FOUND AT THE BASE OF HIS TONGUE. THE 64-YEAR-OLD ACTOR BLAMED HIS CANCER ON HIS LIFESTYLE. SOT-M.D. "I SMOKE CIGARETTES AND I DRANK. THIS PARTICULAR TYPE OF CANCER IS CAUSED BY ALCOHOL AND DRINKING." ALMOST EVERYONE KNOWS SMOKING CAUSES CANCER. FEWER KNOW ABOUT THE RISK POSED BY ALCOHOL. SOT-PHILIP BROOKS/NATIONAL INSTITUTES OF HEALTH ALCOHOL IS CLASSIFIED AS CARCINOGENIC TO HUMANS, A HUMAN CARCINOGEN. HEAVY DRINKING - AT LEAST FOUR DRINKS A DAY -- HAS BEEN LINKED TO ORAL, LIVER, COLON, AND RECTAL CANCERS. EVEN MODERATE DRINKING - AT LEAST ONE A DAY FOR WOMEN -- CAN INCREASE THE RISK OF BREAST CANCER. PHILIP BROOKS: THE RELATIONSHIP BETWEEN ALCOHOL, DRINKING AND CANCER SEEMS TO BE INDEPENDENT OF THE TYPE OF ALCOHOL THAT YOU DRINK. CLAIBORNE: DOESN'T MATTER IF IT'S BEER, WINE, VODKA, RUM. YOU'RE STILL GETTING THE SAME RISK. BROOKS: YEAH. THE ACTUAL MECHANISM BY WHICH ALCOHOL CAUSES CANCER ISN'T FULLY UNDERSTOOD. ONE LEADING THEORY: THE ETHANOL IN LIQUOR METABOLIZES TO ACETALDEHYDE, A KNOWN CARCINOGEN. FOR BREAST CANCER, IT APPEARS TO ALTER ESTROGEN LEVELS. THE CANCER RISK FROM ALCOHOL HAS BEEN HIGHLIGHTED BY STUDIES OF MORMONS IN UTAH. MORMONS -- WHO AREN'T SUPPOSED TO DRINK -- HAVE MUCH LOWER RATES OF ORAL AND BREAST CANCER THAN NON-MORMONS.

LENGTH-00:46 ISSUE-HEALTH 5 SHOW TIME-5:00

ONE OUT OF THREE PEOPLE WILL SUFFER FROM INSOMNIA AT SOME POINT IN THEIR LIVES. NEW RESEARCH FROM PENN STATE COLLEGE OF MEDICINE FOUND THAT MEN WHO SUFFER FROM INSOMNIA ARE AT AN INCREASED RISK OF DEATH THAN MEN WHO GET

PROPER REST. COMPARED TO MEN WHO SLEPT SIX OR MORE HOURS A NIGHT, MALE CHRONIC INSOMNIACS WERE FOUR TIMES MORE LIKELY TO DIE IN A 14-YEAR PERIOD. PREVIOUS STUDIES HAVE SHOWN THAT INSOMNIA CAN INCREASE RISKS OF TYPE 2 DIABETES AND HYPERTENSION. AND THE CURRENT STUDY SHOWED THAT MEN WERE AT AN EVEN HIGHER RISK OF DEATH IF THEY SUFFERED FROM ONE OF THESE DISEASES ALONG WITH INSOMNIA. THE STUDY INVOLVED 1700 MIDDLE AGED MEN AND WOMEN. FEMALE INSOMNIACS DID NOT SHOW THE SAME ASSOCIATION WITH DEATH, AND RESEARCHERS SAY THE REASON IS UNCLEAR. ALTHOUGH LESS THAN SIX HOURS OF SLEEP WAS USED AS A CUTOFF POINT IN THE STUDY, THE AMERICAN ACADEMY OF SLEEP MEDICINE RECOMMENDS SEVEN TO EIGHT HOURS OF NIGHTLY SLEEP TO FEEL RESTED THE NEXT DAY.

SEPTEMBER 3, 2010

LENGTH-02:02 ISSUE-HEALTH 5 SHOW TIME-SUNRISE

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LENGTH-00:50 ISSUE-HEALTH 5 SHOW TIME-SUNRISE

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THAT ARE GOING TO GO IN THEM.. SO IF NOTHING ELSE THEY'LL LOOK STYLISH WITH THEIR NEW BAGS. KNOW THAT THERE'S SOME T-L-C GOING WITH IT. THE BREAST HEALTH NAVIGATORS PLANNED TO HAND OUT ABOUT 150 KITS...

LENGTH-01:20 ISSUE-HEALTH 5 SHOW TIME-12:00

TALKING PUBLICLY ABOUT IT FOR THE FIRST TIME ON "DAVID LETTERMAN'S" SHOW, DOUGLAS DISCLOSED THAT HE HAS STAGE FOUR THROAT CANCER - THE MOST ADVANCED STAGE WHICH MEANS IT IS LARGE OR COULD BE SPREADING. MICHAEL DOUGLAS SOT "I'VE GOT CANCER. I FOUND OUT ABOUT IT THREE WEEKS AGO." DOUGLAS SAID HE HAD COMPLAINED TO DOCTORS EARLIER IN THE SUMMER OF A PERSISTENT SORE THROAT, BUT THE CANCER WENT UNDETECTED FOR WEEKS UNTIL A WALNUT-SIZED TUMOR WAS FOUND AT THE BASE OF HIS TONGUE. THE 64-YEAR-OLD ACTOR BLAMED HIS CANCER ON HIS LIFESTYLE. SOT-M.D. "I SMOKE CIGARETTES AND I DRANK. THIS PARTICULAR TYPE OF CANCER IS CAUSED BY ALCOHOL AND DRINKING." ALMOST EVERYONE KNOWS SMOKING CAUSES CANCER. FEWER KNOW ABOUT THE RISK POSED BY ALCOHOL. SOT-PHILIP BROOKS/NATIONAL INSTITUTES OF HEALTH ALCOHOL IS CLASSIFIED AS CARCINOGENIC TO HUMANS, A HUMAN CARCINOGEN HEAVY DRINKING - AT LEAST FOUR DRINKS A DAY -- HAS BEEN LINKED TO ORAL, LIVER, COLON, AND RECTAL CANCERS. EVEN MODERATE DRINKING - AT LEAST ONE A DAY FOR WOMEN -- CAN INCREASE THE RISK OF BREAST CANCER. PHILIP BROOKS: THE RELATIONSHIP BETWEEN ALCOHOL, DRINKING AND CANCER SEEMS TO BE INDEPENDENT OF THE TYPE OF ALCOHOL THAT YOU DRINK CLAIBORNE: DOESN'T MATTER IF IT'S BEER, WINE, VODKA, RUM. YOU'RE STILL GETTING THE SAME RISK. BROOKS: YEAH THE ACTUAL MECHANISM BY WHICH ALCOHOL CAUSES CANCER ISN'T FULLY UNDERSTOOD. ONE LEADING THEORY: THE ETHANOL IN LIQUOR METABOLIZES TO ACETALDEHYDE, A KNOWN CARCINOGEN. FOR BREAST CANCER, IT APPEARS TO ALTER ESTROGEN LEVELS. THE CANCER RISK FROM ALCOHOL HAS BEEN HIGHLIGHTED BY STUDIES OF MORMONS IN UTAH. MORMONS -- WHO AREN'T SUPPOSED TO DRINK -- HAVE MUCH LOWER RATES OF ORAL AND BREAST CANCER THAN NON-MORMONS.

LENGTH-01:10 ISSUE-HEALTH 5 SHOW TIME-5:00

THE FIRST WEEK OF CLASS AT THE STATE COLLEGE OF FLORIDA'S NURSING PROGRAM SHOWS THAT A CAREER IN CARING FOR THE SICK PRODUCES A HEALTHY STUDENT ENROLLMENT. "ALL OF OUR HEALTH PROGRAMS HAVE FULL CLASSROOMS AND WE'VE INCREASED OUR NUMBERS B/C WE'VE STARTED OUR BSN PROGRAM WHICH WE'RE VERY PROUD OF."AND WHILE THE NEW STUDENTS ARE A MIX OF RECENT HIGH SCHOOL GRADS AND BACHELOR DEGREE CANDIDATES... COLLEGE INSTRUCTORS ARE ALSO SEEING A LARGE NUMBER OF PROFESSIONALS RETURNING TO SCHOOL. BRIAN O'NEILL HAS ELEVEN YEARS OF POLICE WORK AND FIVE YEARS OF CONSTRUCTION ON HIS RESUME.... HE SAYS THIS YEAR'S ECONOMY GAVE HIM THE PUSH TO GO BACK TO SCHOOL. "IT'S SOMETHING THAT I CONSIDERED BUT PROBABLY THOUGHT I SHOULD BE DOING MORE MANLY WORK LIKE CONSTRUCTION WORK. BUT THE COMPANY I WORKED FOR WENT BANKRUPT SO I

RECONSIDERED IT." LISA HUNTER WAS A PROFESSIONAL BALLERINA FOR EIGHT YEARS. AFTER HER RETIREMENT, SHE SAYS SHE WENT INTO THE HEALTH CARE INDUSTRY BECAUSE OF THE PERSONAL REAWARD IN HELPING OTHERS... AND ALSO THE PROFESSIONAL BENEFITS..."I KNOW THAT IT'S A GROWING FIELD. THERE WILL BE JOBS FOR ME, THERE'S ROOM FOR ADVANCEMENT, I'LL BE MAKING GOOD SALARY TO SUPPORT MYSELF."
HESSELBERG SAYS THE SCHOOL'S NEW BACHELOR OF SCIENCE PROGRAM IS ATTRACTING CURRENT NURSES TO ADVANCE THEIR SKILLS AND USE THE SCHOOL'S NEW SIMULATION TECHNOLOGY. HESSELBERG SAYS THE POOR JOB MARKET IS MOTIVATING MANY PROFESSIONALS TO STUDY HARDER TO STAY AHEAD OF THE CURVE. "WHEN THEY LEAVE US THEY'LL BE SAFE, COMPETENT, AND CONFIDENT PRACTITIONERS."

LENGTH-00:46 ISSUE-HEALTH 5 SHOW TIME-00:46

ONE OUT OF THREE PEOPLE WILL SUFFER FROM INSOMNIA AT SOME POINT IN THEIR LIVES. NEW RESEARCH FROM PENN STATE COLLEGE OF MEDICINE FOUND THAT MEN WHO SUFFER FROM INSOMNIA ARE AT AN INCREASED RISK OF DEATH THAN MEN WHO GET PROPER REST. COMPARED TO MEN WHO SLEPT SIX OR MORE HOURS A NIGHT, MALE CHRONIC INSOMNIACS WERE FOUR TIMES MORE LIKELY TO DIE IN A 14-YEAR PERIOD. PREVIOUS STUDIES HAVE SHOWN THAT INSOMNIA CAN INCREASE RISKS OF TYPE 2 DIABETES AND HYPERTENSION. AND THE CURRENT STUDY SHOWED THAT MEN WERE AT AN EVEN HIGHER RISK OF DEATH IF THEY SUFFERED FROM ONE OF THESE DISEASES ALONG WITH INSOMNIA. THE STUDY INVOLVED 1700 MIDDLE AGED MEN AND WOMEN. FEMALE INSOMNIACS DID NOT SHOW THE SAME ASSOCIATION WITH DEATH, AND RESEARCHERS SAY THE REASON IS UNCLEAR. ALTHOUGH LESS THAN SIX HOURS OF SLEEP WAS USED AS A CUTOFF POINT IN THE STUDY, THE AMERICAN ACADEMY OF SLEEP MEDICINE RECOMMENDS SEVEN TO EIGHT HOURS OF NIGHTLY SLEEP TO FEEL RESTED THE NEXT DAY.

SEPTEMBER 4, 2010

NOTHING

SEPTEMBER 5, 2010

LENGTH-00:33 ISSUE-CRIME SHOW TIME-EARLY

A MANATEE COUNTY TEEN IS FOUND GUILTY OF MURDER... JURORS DELIBERATING FOR A LITTLE MORE THAN TWO HOURS FRIDAY.. BEFORE FINDING 17-YEAR-OLD BYRON GALLOWAY GUILTY OF SECOND DEGREE MURDER.. HE SHOT AND KILLED BAYSHORE HIGH SCHOOL STUDENT DEJUAN WILLIAMS LAST YEAR.. ACCORDING TO POLICE -- WILLIAMS HAD COME HOME TO CHECK ON HIS SISTER... WHEN HE FOUND GALLOWAY HIDING IN THE BACKYARD.

WILLIAMS CONFRONTED HIM WITH A BASEBALL BAT.. AND THAT'S WHEN GALLOWAY SHOT HIM. DEFENSE ATTORNEYS ARGUED GALLOWAY FIRED THE GUN IN SELF DEFENSE. A SENTENCING DATE HAS NOT BEEN SET.

SEPTEMBER 6, 2010

LENGTH-00:37 ISSUE-CRIME 1 SHOW TIME-SUNRISE

A DISTURBING DISCOVERY IN CENTRAL FLORIDA.... SOMEONE, WHO GOES BY THE NAME "THE MULE" HAS PENNED A MANUAL ON HOW TO MOLEST CHILDREN. INVESTIGATORS WITH THE ORANGE COUNTY SHERIFF'S OFFICE SAY THE 170-PAGE MANUAL SHOWS PEOPLE, STEP-BY-STEP, HOW TO MOLEST CHILDREN...EVEN INCLUDING WHERE TO FIND POTENTIAL VICTIMS. "I'VE NEVER SEEN ANYTHING LIKE IT. IT WAS PRETTY AMAZING WHEN I FIRST SAW IT JUST BECAUSE HOW DETAILED IT WAS," EVEN MORE DISTURBING IS THAT SENDING THE MANUAL, OR EVEN POSSESSING IT IS NOT A CRIME... BUT THE ORANGE COUNTY SHERIFF'S OFFICE IS TRYING TO TRACK DOWN WHERE IT CAME FROM. EPUTIES BELIEVE WHOEVER IS RESPONSIBLE MAY HAVE COMMITTED CRIMES AGAINST CHILDREN.

SEPTEMBER 7, 2010

LENGTH-00:35 ISSUE-CRIME 1 SHOW TIME-12:00

A FORMER PROFESSIONAL WRESTLER ... IS WAKING UP BEHIND BARS IN HILLSBOROUGH COUNTY THIS MORNING. 55-YEAR OLD JIM "THE ANVIL" NEIDART WAS ARRESTED SUNDAY FOR POSSESSION AND TRAFFICKING ... IN A CONTROLLED SUBSTANCE AND BURGLARY. DEPUTIES SAY NEIDHART WAS AT A GAS STATION ... YELLING AND CAUSING A DISTURBANCE. OXYCONTIN PILLS AND METHADONE PRESCRIBED TO SOMEONE ELSE ... WAS FOUND IN HIS POSSESSION. THE SHERIFF'S OFFICE SAYS THE PERSON WHOSE NAME WAS ON THE PRESCRIPTION PILLS....HAD REPORTED HER HOME WAS BURGLARIZED AND HER MEDICATION STOLEN.

LENGTH-02:32 ISSUE-EDUCATION 10 SHOW TIME-12:00

AT A TIME WHEN ECONOMIC HARDSHIP IS TAKING A TOLL ON FAMILIES EVERYWHERE, PUTTING MONEY ASIDE FOR COLLEGE ALMOST SEEMS LIKE AN AMERICAN DREAM ITSELF.

(GRADUATION NATS) UNIVERSITIES AND COLLEGES ARE ALSO FEELING THE FINANCIAL STRAIN. MANY SCHOOLS ARE RAISING TUITION, AND CUTTING BACK ON SCHOLARSHIPS AND SCHOOL PROGRAMS TO TRIM COSTS. BUT THAT'S NOT THE CASE WITH OBERLIN COLLEGE, A LIBERAL ARTS SCHOOL IN OBERLIN OHIO, JUST OUTSIDE OF CLEVELAND. IN THE PAST ACADEMIC YEAR, OBERLIN HAS AWARDED MORE THAN 48 MILLION DOLLARS IN SCHOLARSHIPS, WHICH COMES FROM ENDOWMENTS, GIFTS AND OTHER SOURCES. "I DON'T HAVE TO WAIT TO SEE THE GREAT THINGS THAT WILL COME OUT OF THIS CLASS. IN TRUTH, WE ALREADY ARE DOING BIG THINGS." IN 2001, OBERLIN COLLEGE DEVELOPED A SPECIAL SCHOLARSHIP JUST FOR STUDENTS AT THE LOCAL HIGH SCHOOL. SO, ANY OBERLIN HIGH SCHOOL GRADUATING SENIOR WHO'S ACCEPTED GETS TO GO FOR FREE. "TELL ME HOW MUCH YOU MONEY ARE YOU SAVING BY GOING TO SCHOOL RIGHT HERE IN YOUR HOMETOWN?" "WITH FEDERAL FINANCIAL AID, IT COMES OUT TO ABOUT 45-THOUSAND A YEAR, SO, YEAH." "THAT'S WHAT YOU'RE SAVING. SO, OVER FOUR YEARS, DO THE MATH, THAT'S 180-GRAND, THAT YOU WILL NOT HAVE TO DEAL WITH WHEN YOU GRADUATE." "YEAH." FOR SOME FAMILIES, THIS ONCE IN A LIFETIME OPPORTUNITY MEANS THEIR CHILDREN RECEIVE A COLLEGE EDUCATION THAT THEY OTHERWISE COULDN'T AFFORD, ESPECIALLY FOR FAMILIES LIKE THE GILFETHER'S, WHO HAVE TWO SONS ATTENDING OBERLIN COLLEGE. "I'VE BEEN A SUCCESSFUL HOMEBUILDER/DEVELOPER AND THE, THE, THE HOME BUILDING CRISIS DEVASTATED MY BUSINESS AND I WENT BANKRUPT. SO, IT COULDN'T HAVE COME AT A BETTER TIME FOR OUR FAMILY." "WHEN YOU SEE IT ALL SLIP AWAY AND YOU DON'T KNOW IF IT COULD EVER HAPPEN, AND THEN IT'S MADE POSSIBLE. IT'S A GIFT." "IT'S HUGE. SHE COULDN'T GET THAT ANYWHERE ELSE. SO, UM, WE'RE GRATEFUL FOR THE SCHOLARSHIP. AT LEAST I AM." "ME TOO. 'CUZ I'M PRETTY SURE I WOULD HAVE HAD TO PAY A LOT OF LOANS." DURING THE PAST ACADEMIC YEAR, OBERLIN COLLEGE HAS AWARDED MORE THAN THREE MILLION DOLLARS TO QUALIFYING OBERLIN HIGH SCHOOL STUDENTS. RECIPIENTS OF THE SCHOLARSHIP SAY IT'S A LIFE-CHANGING OPPORTUNITY. "THE FINANCIAL COMPONENT ISN'T NECESSARILY THERE. MY PARENTS DON'T MAKE A TREMENDOUS AMOUNT OF MONEY, AND THINGS LIKE THAT. I FEEL LIKE, FOR ME, THIS IS AN OPPORTUNITY THAT I HAVE TO TAKE AND I HAVE TO DO WELL WITH, BECAUSE I DON'T HAVE A MULLIGAN. I CAN'T DO IT OVER." WITH A GREAT, FREE OPPORTUNITY, RIGHT IN THEIR OWN BACKYARD, WHY ARE SOME OBERLIN HIGH SCHOOL STUDENTS OPTING TO PAY FOR COLLEGE ELSEWHERE? "YOU KNOW THAT, UH, IT'S GONNA BE DIFFICULT. YOU KNOW THAT YOU'RE NOT GOING TO BE FAR AWAY FROM HOME, AND I SAID, 'YEAH, THAT'S TRUE BUT YOU'RE GONNA BE, MAYBE A HUNDRED THOUSAND DOLLARS IN DEBT AT THE END OF THIS, AND I'LL ONLY HAVE WHATEVER ROOM AND BOARD COSTS THERE WERE.'" "I THINK LIKE ANY STUDENT THE CONCERN OF COMING TO COLLEGE IN YOUR NEIGHBORHOOD IS THE FAMILIARITY AND YOU MAY THINK THAT THERE'S SOMETHING BETTER OUT THERE." OBERLIN COLLEGE HOPES TO CONTINUE FINDING WAYS FOR STUDENTS AND FAMILIES TO ATTAIN THE AMERICAN DREAM OF A COLLEGE EDUCATION WITHOUT THE FINANCIAL BURDEN. "TREMENDOUS EFFECT, IN TERMS OF HELPING IMPROVE THE PUBLIC SCHOOLS, IN TERMS OF SENDING A MESSAGE TO THE KIDS. IT'S IMPORTANT TO GO TO SCHOOL, STAY IN SCHOOL, AND IF YOU EXCEL, YOU HAVE THIS OPPORTUNITY FOR A FREE RIDE TO ONE OF THE BEST COLLEGES IN AMERICA."

LENGTH-00:54

ISSUE-HEALTH 5 SHOW TIME-12:00

ANCHOR LEAD-IN: TRYING TO GET BACK INTO SHAPE AFTER A LAZY SUMMER OF LYING AT

THE POOL? THE BIGGEST CHALLENGE CAN BE SETTING UP A PLAN AND STAYING ON TRACK. DR. MALLIKA MARSHALL SHOWS US HOW OUR CELL PHONE CAN HELP US SHED THOSE UNWANTED POUNDS.MOST OF US CARRY ONE AND NEARLY FORTY PERCENT OF US USE IT TO ACCESS THE INTERNET. IT'S OUR CELL PHONE AND IT'S THE LATEST TOOL TO BANISH THE BULGE. CELL PHONE APPLICATIONS ALLOW YOU TO KEEP TRACK OF CALORIES-- EVEN PLAN DIET GOALS. ONE SMALL STUDY SUGGESTS IT'S A WINNING FORMULA.THE JOURNAL OF MEDICAL INTERNET RESEARCH SHOWED A FOUR-MONTH TEXT MESSAGE PROGRAM ENCOURAGED WEIGHT LOSS. RESEARCHERS RECRUITED 75 VOLUNTEERS. ONE GROUP RECEIVED TWO TO FIVE TEXT MESSAGES DAILY, PRINTED DIETING ADVICE, AND PERSONAL COUNSELING FOR 16 WEEKS, THE OTHER ONLY RECEIVED HANDOUTS. THE TEXTS FOCUSED ON PORTION CONTROL AND MEAL PLANNING. PARTICIPANTS THAT RECEIVED THE TEXTS LOST FOUR MORE POUNDS THAN THOSE WHO JUST RECEIVED HANDOUTS. THERE ARE MANY APPS THAT PROMISE TO WHIP YOU INTO SHAPE, INCLUDING, LOSE IT! LAUNCH IT AND IT CREATES A CUSTOM DIET PLAN. SO IF CALORIE COUNTING IS MORE FUN USING YOUR CELL PHONE, IT'S MONEY WELL SPENT.

LENGTH-00:20 ISSUE-CRIME 1 SHOW TIME-5:00

A SARASOTA MAN IS BEING HELD ON TWENTY-FIVE THOUSAND DOLLARS BOND TONIGHT -- ACCUSED OF EXPOSING HIMSELF ON A SCAT BUS....INVESTIGATORS SAY THEY KNOW OF AT LEAST THREE SEPARATE INCIDENTS IN WHICH EDDIE HILL EXPOSED HIMSELF TO WOMEN ON THE COUNTY RUN BUS LINE, MOST RECENTLY LAST TUESDAY. THEY'RE ASKING ANYONE WITH MORE INFORMATION TO CONTACT CRIME STOPPERS

LENGTH-00:55 ISSUE-HEALTH 5 SHOW TIME-5:00

CRUISE BOGLE (BEAU-GLE) CAN'T USE HIS ARMS OR LEGS. DIAGNOSED AS A QUADRIPLÉGIC AFTER A SKIM BOARDING ACCIDENT TWO YEARS AGO, HE'S CONFINED TO A WHEELCHAIR. IT'S BEEN DIFFICULT FOR HIM TO GET AROUND. BUT SINCE HE JOINED A CLINICAL TRIAL AT GEORGIA TECH'S AND SHEPHERD CENTER IN ATLANTA, CRUISE CAN NOW CONTROL HIS WHEELCHAIR BY USING HIS TONGUE. KNOWN AS THE TONGUE DRIVE SYSTEM, PARTICIPANTS ARE FIRST TAUGHT TO EXERCISE THEIR TONGUE MOVEMENTS BY USING COMPUTER GAMES. ONCE THEY MASTER THE MOVEMENTS, RESEARCHERS ATTACH A SMALL CHIP TO THE TONGUE. THE MAGNET WORKS LIKE A MOUSE PAD WITH THE TONGUE AS A CURSOR. MOVE THE TONGUE FORWARD AND IT SENDS A WIRELESS SIGNAL TO SIX SENSORS IN A HEADSET THAT CAUSE THE WHEELCHAIR TO MOVE FORWARD. MOVE THE TONGUE BACKWARDS, AND THE CHAIR GOES INTO REVERSE . ONE OF THE MAJOR ADVANTAGES OF THE TONGUE IS THAT IT IS DIRECTLY CONNECTED TO THE BRAIN, SO A PERSON CAN MOVE HIS OR HER TONGUE WITHOUT ANY PROBLEM.UNLIKE OTHER POWER WHEELCHAIRS THAT RELY ON A SIP AND PUFF METHOD, SUCH AS THE ONE USED BY THE LATE CHRISTOPHER REEVE, THIS CHAIR ONLY NEEDS A HEADSET AND TINY CHIP, WHICH IS LESS CONSPICUOUS FOR THE USER.

LENGTH-00:38 ISSUE-CRIME 1 SHOW TIME-6:00

SARASOTA COUNTY DEPUTIES SEARCHING FOR A BANK ROBBER IN VENICE...DEPUTIES SAY A MAN ROBBED THE WACHOVIA BANK ON SOUTH U-S 41 BYPASS -- AROUND 4 O'CLOCK THIS AFTERNOON. THE SUSPECT IMPLIED HE HAD A WEAPON. HE FLED ON FOOT TOWARDS THE BACK OF THE BUILDING AND OVER A FENCE INTO AN INDUSTRIAL AREA...HE IS DESCRIBED AS A WHITE MALE, 40 TO 50 YEARS OLD WITH SALT AND PEPPER HAIR AND A WHITE BEARD HE WAS LAST SEEN WEARING A CAMOFLAUGE BASEBALL CAP, A RED AND WHITE CHECKERED FLANNEL SHIRT AND TAN PANTS.

SEPTEMBER 8, 2010

LENGTH-00:35 ISSUE-CRIME 1 SHOW TIME-SUNRISE

A PASCO COUNTY MAN IS WAKING UP BEHIND BARS THIS MORNING ... ATER THROWING A METAL OBJECT AT A SCHOOL BUS. 66-YEAR-OLD DAVID KILPATRICK WAS ARRESTED NEAR HIS HOME IN LAND O'LAKES YESTERDAY MORNING FOR DEPUTIES SAY HE THOUGHT THE BUS WAS TRAVELING TOO FAST IN HIS NEIGHBORHOOD... SO, YESTERDAY MORNING, HE STOOD IN THE STREET AND THREW THIS UNIDENTIFIED METAL OBJECT AT THE BUS, CRACKING THE WINDSHIELD. 50 STUDENTS ALONG WITH THE DRIVER WERE ON BOARD AT THE TIME... NO ONE WAS INJURED. THE STUDENTS WERE TRANSFERRED TO ANOTHER BUS AND CONTINUED ON TO SCHOOL.

LENGTH-00:55 ISSUE-HEALTH 5 SHOW TIME-5:00

NOW MEN MAY HAVE AN EXCUSE FOR FORGETTING THINGS. A NEW STUDY OUT FROM THE MAYO CLINIC FINDS THAT MILD COGNITIVE IMPAIRMENT, OR M-C-I, MAY AFFECT MORE MEN THAN WOMEN. M-C-I IS A MEMORY CONDITION THAT HAPPENS EVEN BEFORE THE NORMAL AGING PROCESS THAT LEADS TO DEMENTIA. THE STUDY FOUND THAT M-C-I WAS ONE-POINT-FIVE TIMES HIGHER IN GUYS THAN GALS. RESEARCHERS STUDIED TWO-THOUSAND-FIFTY PEOPLE BETWEEN THE AGES OF 70 TO 89 IN A RURAL COUNTY IN MINNESOTA. ALL WERE INTERVIEWED ABOUT THEIR MEMORY AND THEIR MEDICAL HISTORY AND THEN TESTED ON THEIR THINKING SKILLS. SCIENTISTS FOUND THAT NEARLY 14 PERCENT OF PARTICIPANTS HAD MILD COGNITIVE IMPAIRMENT, ABOUT 10 PERCENT HAD DEMENTIA AND 76 PERCENT OF THOSE TESTED HAD NORMAL MEMORY. A TOTAL OF 19 PERCENT OF MEN HAD MILD COGNITIVE IMPAIRMENT, COMPARED TO 14 PERCENT OF WOMEN. RESEARCHERS SUGGEST THAT THESE RESULTS SHOW GENDER MAY PLAY A ROLE IN THIS DISEASE, BUT

AREN'T SURE EXACTLY HOW. THEY ALSO NOTED THAT MEN MAY EXPERIENCE COGNITIVE DECLINE EARLIER IN LIFE, AND LOSE THEIR MEMORY GRADUALLY, WHEREAS WOMEN MAY TRANSITION FROM NORMAL MEMORY DIRECTLY TO DEMENTIA AT A LATER AGE BUT MORE QUICKLY.

SEPTEMBER 9, 2010

LENGTH-01:18 ISSUE-HEALTH 5 SHOW TIME-12:00

RELAXING ALONG THIS QUIET LAKE IS HOW THE MIZELLS HAD PLANNED TO SPEND THEIR GOLDEN YEARS. IT'S JUST NICE TO BE DOWN HERE SOMETIME WHEN IT'S QUIET. (3) BUT RETIREMENT HAS BROUGHT THEM LITTLE PEACE...THREE YEARS AGO, MIRIAM WAS DIAGNOSED WITH COLORECTAL CANCER...IT SPREAD TO HER LIVER...AND LUNGS. WITH METASTATIC COLORECTAL CANCER, THE PROGNOSIS IS 3-5 YEARS. I'VE BEEN HERE THREE AND A HALF. (8) THEN IN APRIL...ANOTHER DEVASTATING DIAGNOSIS. DOCTORS DISCOVERED BREAST CANCER. IT WAS LIKE, I'VE BEEN THROUGH SO MUCH ALREADY AND NOW IT'S LIKE I GOT MY TEETH KICKED IN. (5) EVEN WORSE...MIRIAM HAD HAD A MAMMOGRAM AT PERRY HOSPITAL, NEARLY TWO YEARS AGO. BUT INVESTIGATORS SAY RACHAEL RAPRAEGER, A RADIOLOGY TECHNICIAN, INTENTIONALLY SUBMITTED HER TEST- AND HUNDREDS OF OTHERS - WITH FALSE RESULTS. AUTHORITIES SAY RAPRAEGER'S JOB HERE AT PERRY HOSPITAL WAS TO PROCESS MAMMOGRAMS, DELIVERING THEM TO RADIOLOGISTS FOR REVIEW. BUT THE RADIOLOGISTS NEVER GOT THOSE TESTS.(12) FOR REASONS UNKNOWN SHE WAS TAKING THE MAMMOGRAMS AND JUST ENTERING THE RESULTS HERSELF. YUNJI: AND SHE ALWAYS ENTERED NEGATIVE? THAT'S CORRECT. PERRY HOSPITAL CALLED THE ACTIONS "INEXPLICABLE" AND SAY THEIR "OWN INTERNAL REVIEW...CONCLUDED THAT MS. RAPRAEGER ACTED ALONE." IN TOTAL, THE TECHNICIAN PROCESSED NEARLY 1,300 MAMMOGRAMS...TEN OF THOSE WOMEN HAVE NOW BEEN TOLD, THEY HAVE BREAST CANCER. TIME IS OF THE ESSENCE WHEN YOU'RE DEALING WITH CANCER AND THE FACT THEY COULD HAVE BEEN TREATED SOONER HAD THE RESULTS BEEN READ PROPERLY AT THE TIME THEY WERE PERFORMED (9) A GRAND JURY INDICTED RAPRAEGER FOR RECKLESS CONDUCT AND COMPUTER FRAUD... SHE FACES UP TO 160 YEARS IN PRISON BUT THAT IS LITTLE COMFORT TO MIRIAM MIZELL. W7 94]] C2.5 G 0 [[022635 MIRIAM NAT AT THE TABLE LOOKING AT PICTURES OF GRANDCHILDREN WITH YUNJI THESE ARE A LARGE PART OF THE REASON I'M NOT READY TO LEAVE. (4) YUNJI: IF YOU COULD TALK TO HER, WHAT WOULD YOU SAY TO HER? MIRIAM: BECAUSE I AM A CHRISTIAN, I FORGIVE HER, I DO. I FORGIVE HER// BECAUSE NOT DOING THAT HURTS ME. SWEET MOMENT BETWEEN THEM

LENGTH-00:59 ISSUE-CRIME 1 SHOW TIME-5:00

ALEX TEEHEE'S FAMILY SAYS IT'S JUST THE LATEST OF THEIR FRUSTRATIONS WITH THE SYSTEM. THIS PAST WEEKEND 19 -YEAR OLD MICHAEL SYLVESTER WALKED INTO THE SARASOTA COUNTY SHERIFF'S OFFICE AND TURNED HIMSELF IN ON AN UNRELATED

VIOLATION OF PAROLE CHARGE. IMPORTANT BECAUSE HE IS ONE OF TWO KEY WITNESSES WANTED FOR TESTIMONY INVOLVING THE DEATH OF TEEHEE MORE THAN TWO YEARS AGO. AUTHORITIES SAY HE WAS THERE. THE CHARLOTTE COUNTY STATE'S ATTORNEY'S OFFICE RECENTLY DROPPED CHARGES OF VEHICULAR HOMICIDE AGAINST RALPH LOOSMAN BECAUSE THEY SAID SYLVESTER AND ANOTHER MAN COULD NOT BE FOUND. A SCHEDULED TRIAL WAS DROPPED WITH IT. AFTER 14-HOURS IN JAIL SYLVESTER WAS RELEASED WITHOUT QUESTIONING. THE SHERIFF'S OFFICE SAYS THEIR WERE NO RED FLAGS IN THEIR SYSTEM WHICH WOULD HAVE KEPT HIM FROM BEING RELEASED. A SPOKESPERSON FOR THE SHERIFF SAYS TYPICALLY A HOLD WOULD BE IN THEIR SYSTEM PLACED BY THE STATES ATTORNEY. ACCORDING TO THEIR RECORDS THERE WAS NONE. TEEHEE'S FAMILY BELIEVES NOT ENOUGH IS BEING DONE BY THOSE IN CHARGE OF SERVING JUSTICE. WE HAVE BEEN EXTREMELY PATIENT CONSIDERING. I DON'T KNOW WHAT ELSE TO DO. WE ARE BEYOND WORRYING ABOUT STEPPING ON PEOPLE'S TOES. JUSTICE IS NOT BEING SERVED."

LENGTH-01:35 ISSUE-HEALTH 5 SHOW TIME-5:00

STEPHEN WILSON WAS DIAGNOSED WITH PROSTATE CANCER THREE MONTHS AGO...AND LIKE SO MANY MEN FACED WITH A LIFE-THREATENING DIAGNOSIS-- HE WAS FORCED WITH SOME BIG DECISIONS... I'D WAS EXPECTING QUITE FRANKLY FOR SOME TIME TO DEVELOP CANCER BECAUSE MY PSA HAD BEEN BOUNCING AROUND FOR SEVERAL YEARS..."THAT'S WHY FORTUNATELY...STEPHEN HAD BEEN DOING HIS HOMEWORK. WHEN I STARTED CALLING AROUND TO OTHER CLINICS THAT ALSO DID COMBINATION THERAPY ONE CLINIC DIDN'T CALL ME BACK FOR A WEEK- THE DATTOLI CENTER CALLED ME BACK WITHIN TWO HOURS." IT'S PART OF THE PROFESSIONALISM AND COMPASSION STEPHEN SAYS HE WAS LOOKING FOR...AND JUDGING BY THE SUCCESS STORIES ON THE DATTOLI'S CENTER'S "WALL OF FAME"...IT'S A SENTIMENT SHARED BY OTHER MEN FROM ACROSS THE GLOBE. BUT STILL, DR. MICHAEL DATTOLI SAYS IT'S IMPARITIVE MORE MEN LEARN ABOUT PROSTATE CANCER. WHICH IS THE NUMBER ONE CANCER IN MEN AND HAS SURPASSED THE INCIDENCE OF BREAST CANCER IN WOMEN. "AND IT'S THE NUMBER TWO KILLER IN MEN. AND THE REASON MAY BE BECAUSE MANY MEN ARE RELUCTANT TO TALK ABOUT PROSTATE CANCER...AND THE WARNING SIGNS CAN ALSO MYMIC SYMPTOMS ASSOCIATED WITH AN ENLARGED PROSTATE. SO FREQUENCY IN URINATION, URGENCY IN URINATION..A WEAKENED STREAM ALL THOSE SIGNS CAN COMINGLE WITH SINGS OF PROSTATE CANCER." AND DESPITE COMMON THOUGHT-- DR. DATTOLI SAYS PROSTATE CANCER IS ONE OF THE MOST DIFFICULT CANCERS TO CURE...AND SURVIVAL RATES AREN'T NEAR WHAT PEOPLE ARE TOLD.. IT HAS THIS INSIDIOUS PATTERN WHERE THE CANCER MAY BE THWARTED FOR MANY YEARS BUT IT'S NOT CURED AND IT HAS THIS TENDENCY TO BLOW UP AT SOME POINT IN TIME." WHILE EACH PATIENT MIGHT NEED A DIFFERENT COURSE OF CARE, THEY ALL NEED SUPPORT...SOMETHING STEPHEN'S WIFE IS GRATEFUL TO HAVE DURING HER HUSBANDS TREATMENT. "THERE'S A LOT OF SUPPORT FROM WIVES WE HAD TO MAKE A DECISION WHETHER I WOULD STAY IN ST. AUGUSTINE AND MOVE THE ANIMALS AND I SAID...NO WE'LL DO THIS TOGETHER.AND WHILE WORKING ON HIS SURVIVAL TOGETHER... STEPHEN IS SENDING A MESSAGE TO OTHER MEN...

LENGTH-00:56 ISSUE-CRIME 1 SHOW TIME-5:00

CAPTAIN SCHUSLER'S NIGHT STARTED JUST LIKE ANY OTHER. AAPEX SECURITY ASSIGNED HIM TO THE TERVIS TUMBLER FACTORY FOR AN OVERNIGHT SHIFT. A LITTLE AFTER 11:30-- A TRUCK PULLED INTO THE PARKING LOT-- AND THIS NIGHT BECAME ONE THAT HE'LL NEVER FORGET. IT WAS THE LONGEST MINUTE AND FORTY-ONE SECONDS OF MY LIFE IN THE FACT THAT THESE TWO INDIVIDUALS MEANT TO DO HARM AND I WAS THE ONLY ONE STANDING IN BTWN THEM AND WHAT WAS GOING TO HAPPENTHE CAPTAIN TELLS ME-- *NOTHING* HAPPENED FOR ABOUT 15 MINUTES... BUT THEN-- THIS MAN-- STEPHAN RUGG OF PORT CHARLOTTE-- GOT OUT.I SAW A SILHOUETTE IN HIS RIGHT HAND... IT WAS A WEAPON HE SAID THAT THEY WERE LOOKING FOR SOMEBODY WHO OWED THEM MONEY... HIS RIGHT ARM WAS COMING UP TOWARDS ME THE CAPTAIN SAYS HE DIDN'T PANIC-- HE REMAINED CALM AND DID AS HE'D BEEN TRAINED TO DO. I DREW MY WEAPON AND PUT IT CENTER MAST LIKE A RETIRED MARINE HE TOLD RUGG TO DROP HIS WEAPON AND GET ON THE GROUND-- ALL THE WHILE-- ON THE PHONE WITH 9-1-1.IMMEDIATELY WHAT I THOUGHT OF AFTERWARD WAS THANK GOD I HAD THE PRESENCE OF MIND TO REACT THE WAY I DID NOW-- CAPTAIN SCHUSLER SAYS HE THANKS HIS TRAINING AND THE QUICK ACTION OF LAW ENFORCEMENT FOR NOT MAKING LAST NIGHT WHAT IT COULD HAVE BEEN."IT'S WHAT WE DO"

SEPTEMBER 10, 2010

LENGTH-00:20

ISSUE-CRIME 1 SHOW TIME-SUNRISE

SHERIFF'S DEPUTIES ARREST ONE OF SARASOTA COUNTY'S MOST WANTED.. 21 YEAR OLD CARLOS VELAS-QUEZ ROB-LERO WAS WANTED FOR ARMED CARJACKING ... AND FIRING A WEAPON IN PUBLIC. SHERIFF'S DEPUTIES SAY HE ATTACKED HIS EX-GIRLFRIEND LAST JULY.. THEN STOLE HER CAR.. U-S MARSHALS AND SARASOTA POLICE HELPED WITH THE ARREST.

LENGTH-00:43

ISSUE-ELDERLY 7 SHOW TIME-5:00

A NEW STUDY CONDUCTED BY OXFORD RESEARCHERS FOUND THAT LARGE DOSES OF B VITAMINS SLOWED THE RATE OF BRAIN SHRINKAGE IN OLDER ADULTS. THE STUDY WAS THE LARGEST OF ITS KIND TO ASSESS THE EFFECTS OF VITAMINS B6 AND B12 ON MILD COGNITIVE IMPAIRMENT, THE STAGE BETWEEN NORMAL FORGETFULNESS DUE TO AGING AND THE DEVELOPMENT OF DEMENTIA. B VITAMINS ARE KNOWN TO HELP THE BODY TURN FOOD INTO ENERGY, AND CREATE RED BLOOD CELLS. 168 PEOPLE AGED 70 OR OLDER WITH MILD MEMORY PROBLEMS PARTICIPATED IN THE TWO-YEAR STUDY. HALF THE PARTICIPANTS WERE GIVEN A STRONG DOSE OF B VITAMINS AND FOLIC ACID; THE OTHER HALF WERE GIVEN PLACEBOS. MRI TECHNOLOGY WAS THEN USED TO MEASURE THE RATE OF BRAIN SHRINKAGE. RESEARCHERS SAY THE PRESCRIBED DOSAGE WAS 300 TIMES THE

RECOMMENDED DAILY INTAKE OF THE SUPPLEMENT B12 AND 15 TIMES THAT OF B6.
BECAUSE OF THIS, AUTHORS CALLED THE PILL A DRUG, NOT A VITAMIN INTERVENTION.

SEPTEMBER 11, 2010

NOTHING

SEPTEMBER 12, 2010

NOTHING

SEPTEMBER 13, 2010

LENGTH-00:36 ISSUE-ELDERLY 7 SHOW TIME-SUNRISE

JOHN, WE'VE HEARD A LOT ABOUT THE HEALTH BENEFITS OF THERAPY DOGS AND CATS... BUT IN NEW JERSEY, THERE'S ANOTHER QUAD-RU-PED THAT'S BRINGING SMILES TO THE ELDERLY... MEET SAMPSON, THE KISSING PONY! THIS 300-POUND SHETLAND PONY IS A THERAPY PET, WHO MAKES THE ROUNDS AT SEVERAL NEW JERSEY NURSING HOMES EVERY WEEK, GIVING OUT KISSES TO THOSE WHO ASK TO MAKE SURE HE DOESN'T SLIP ON THE FLOORS WHEN INDOORS, SAMPSON WEARS SPECIAL RUBBER TIPPED BOOTIES TO GET AROUND. ADMINISTRATORS SAY INTERACTING WITH SAMPSON DOES WONDERS FOR THE PATIENTS AND EVERYONE LOOKS FORWARD TO WHEN THIS 4-FOOTED FRIEND COMES CALLING.

LENGTH-00:33 ISSUE-CRIME 1 SHOW TIME-12:00

ALCOHOL IS TO BLAME FOR A CRASH IN ENGLEWOOD LAST NIGHT. IT HAPPENED AROUND 8:30 ... AT THE INTERSECTION OF BEACH ROAD AND STATE ROAD 776, ACCORDING TO THE HIGHWAY PATROL... 56-YEAR-OLD PATRICIA O'LEARY WAS APPROACHING THE INTERSECTION... WHEN SHE LOST CONTROL OF HER CAR. SHE HIT A CURB ... THEN HIT A PICKUP TRUCK ... THAT WAS STOPPED AT A RED LIGHT IN FRONT OF HER. BOTH O'LEARY

AND A PASSENGER IN THE TRUCK ... WERE TAKEN TO ENGLEWOOD HOSPITAL ... WITH MINOR INJURIES. O'LEARY WAS ARRESTED FOR DRIVING UNDER THE INFLUENCE.

LENGTH-00:43 ISSUE-HEALTH 5 SHOW TIME-12:00

HEALTHY FOODS ARE A CINCH TO FIND IN ANY SUPERMARKET. FIRST OF ALL, SPEND MOST OF YOUR TIME IN THE PRODUCE AISLE. PLAN AHEAD. CHOOSE A RAINBOW OF FRUITS AND VEGETABLES. IF YOU CAN'T FIND FRESH, YOU CAN BUY CANNED OR FROZEN JUST MAKE SURE THERE'S NO ADDED SALT OR SUGAR. 1 CRUISE THE CENTER AISLES LOOKING FOR FOODS DISPLAYING THE AMERICAN HEART ASSOCIATION'S HEART-CHECK MARK. THAT MEANS IT HAS MET STRICT CRITERIA FOR SATURATED FAT AND CHOLESTEROL. 2 IN THE BREAD AND CEREAL AISLES, CHOOSE FOODS THAT LIST WHOLE GRAINS AS THE FIRST INGREDIENT. 1 EXPERTS RECOMMEND TWO SERVINGS OF FISH WEEKLY. OTHER GOOD PROTEIN CHOICES: SKINLESS POULTRY AND LEAN BEEF. OR MEAT SUBSTITUTES LIKE BEANS OR TOFU. 2 AT THE DAIRY CASE OPT FOR LOW-FAT OR FAT-FREE CHEESE, YOGURT AND MILK. 1 WHEN BUYING OIL, CHOOSE ONES LOW IN CHOLESTEROL, SATURATED AND TRANS FATS. TRY CANOLA OR OLIVE OIL. 1 LIMIT SWEETS LIKE CAKES AND CANDY. AND DON'T SHOP HUNGRY...YOU'LL ONLY BUY MORE!

LENGTH-01:02 ISSUE-HEALTH 5 SHOW TIME-5:00

IT'S A TUESDAY MORNING AND THE WAITING ROOM IS PACKED AT THE UNIVERISTYCARE CENTER IN WEST BALTIMORE. THIS OFFICE IS ONE OF THREE PATIENT CENTERED MEDICAL HOMES, SET UP BY THE UNIVERSITY OF MARYLAND SCHOOL OF MEDICINE TO PROVIDE STATE OF THE ART CARE TO INNER CITY AND RURAL COMMUNITIES WHERE DOCTORS ARE SCARCE AND GOOD HEALTH FACILITIES USUALLY NONEXISTENT. "WE PROVIDE THAT PERSONALIZED CARE, WE TRY TO COORDINATE AS MUCH OF THEIR CARE HERE RIGHT IN THE COMMUNITY." THE HOME, WHICH IS 15 YEARS AGO, HAS BECOME SO SUCCESSFUL, IT'S BEING PROMOTED AS THE GOLD STANDARD FOR FUTURE U-S HEALTHCARE. THEY FEATURE HIGH TECH EQUIPMENT, MATERNITY CLINICS AND AN ELECTRONIC RECORDS SYSTEM. MOST PATIENTS HAVE INSURANCE, OR ARE ON MEDICARE OR MEDICAID. "WE TAKE CARE OF ACUTE, CHRONIC AND PREVENTATIVE CARE." THE PRACTICE HAS MORE THAN 10-THOUSAND PATIENTS. ANNETTE RANDOLPH FIRST CAME TO THE CLINIC TEN YEARS AGO, BECAUSE OF HER BLOOD PRESSURE, BUT KEPT COMING BACK, BECAUSE SHE TRUSTED THE DOCTORS. "NOT ONLY CAN I SIT DOWN AND TALK MEDICALLY, BUT I CAN TALK TO HIM ABOUT SOME OF MY OTHER PROBLEMS." A MARYLAND PILOT PROGRAM BASED ON THESE HOMES

WILL BE LAUNCHED NEXT YEAR, IN HOPES THAT OTHER MEDICAL INSTITUTIONS ACROSS THE STATE WILL FOLLOW THE UNIVERSITY'S LEAD AND BUILD PATIENT CENTERED HOMES IN OTHER COMMUNITIES.

LENGTH-00:31 ISSUE-CRIME 1 SHOW TIME-6:00

NEW CHARGES AGAINST A MAN SHOT BY SARASOTA COUNTY SHERIFF'S DEPUTIES DURING A INTERSECTION CONFRONTATION.. SARASOTA POLICE CHARGING HARRY BELL FOR A STRING OF ADULT ENTERTAINMENT STORE ROBBERIES OVER THE SUMMER..INVESTIGATORS SAY BELL ROBBED THE X-FACTOR STORE AND THE XTC SUPER CENTER FIVE TIMES SINCE JULY.. THE LAST TWO CRIMES TAKING PLACE THE NIGHT BEFORE HE WAS SHOT BY DEPUTIES.. SHERIFF'S DEPUTIES SAY BELL POINTED A GUN AT THEM WHEN THEY STOPPED HIM LAST MONTH NEAR BENEVA AND CLARK ROADS. BELL IS RECOVERING FROM HIS INJURIES AT AN UN-NAMED MEDICAL FACILITY...

LENGTH-00:26 ISSUE-CRIME 1 SHOW TIME-6:00

SARASOTA DEPUTIES ARREST TWO TEENAGERS FOR A NUMBER OF CAR BURGLARIES... CAMERON WOLFE AND JOHN VILLECO ARRESTED THIS MORNING FOR STEALING FROM CARS IN SARASOTA'S "THE MEADOWS." THEY WERE SPOTTED BY A WITNESS WHO CALLED DEPUTES...INVESTIGATORS SAY THE TEENS WERE TAKING ITEMS FROM UNLOCKED CARS. SARASOTA DEPUTIES REMIND RESIDENTS THAT CAR BURGLARIES ARE CRIMES OF OPPORTUNITY. SO REMEMBER TO LOCK YOUR CAR -- AND REMOVE VALUABLE ITEMS FROM PLAIN SIGHT.

LENGTH-00:32 ISSUE-HEALTH 5 SHOW TIME-11:00

IF YOU'RE TRYING TO QUIT SMOKING -- THE AMERICAN HEART ASSOCIATION SAYS SMOKELESS TOBACCO IS *NOT* THE WAY TO GO... A NEW STATEMENT OUT TODAY SAYS PRODUCTS SUCH AS CHEWING TOBACCO ACTUALLY POSE A RISK OF ADDICTION AND RETURN TO SMOKING...THEY'RE ALSO JUST AS DANGEROUS AS CIGARETTES....YOU'D BE BETTER OFF... HEART ATTACK AND STROKE." FOR PEOPLE TRYING TO QUIT SMOKING, THE AMERICAN HEART ASSOCIATION SUGGESTS NICOTINE REPLACEMENT THERAPY -- LIKE GUM OR PATCHES...CLINICAL STUDIES HAVE FOUND NO INCREASED RISK OF HEART ATTACK OR STROKE WITH EITHER TYPE OF NICOTINE REPLACEMENT THERAPY.

SEPTEMBER 14, 2010

LENGTH-00:40 ISSUE-HEALTH 5 SHOW TIME-12:00

RECIPES CAN BE HANDED DOWN FROM GENERATION TO GENERATION AND SO CAN FOOD SAFETY MYTHS. AND WHAT YOU DON'T KNOW ABOUT FOOD SAFETY CAN HURT YOU. LET'S SEPARATE FACT FROM FICTION: YOU'RE MORE LIKELY TO GET SICK AT A RESTAURANT THAN AT HOME. ACTUALLY, THE OPPOSITE IS MORE LIKELY TRUE. MOST PROFESSIONAL COOKS ARE CERTIFIED IN SAFE HANDLING TECHNIQUES. 5 MICROWAVING KILLS ALL BACTERIA. NOT UNLESS YOU HEAT IT TO AT LEAST 165 DEGREES. USE A FOOD THERMOMETER TO BE SURE. 4 THAWING MEAT ON THE COUNTERTOP IS SAFE. BACTERIA MULTIPLY BETWEEN 40 AND 140 DEGREES. LEAVE FOOD AT ROOM TEMPERATURE AND YOU GIVE BACTERIA A BREEDING GROUND. 2 I CAN JUST SCRAPE MOLD OFF OF CHEESE. THAT MOLD MAY BE THE TIP OF THE ICEBERG. BACTERIA CAN BE HIDING UNDERNEATH. 1 SOME OTHER TIPS: WASH CUTTING BOARDS, DISHES, UTENSILS AND COUNTERS WITH HOT SOAPY WATER AND REMEMBER: COLD FOODS MUST STAY COLD AND HOT FOODS MUST STAY HOT.

LENGTH-00:59 ISSUE-HEALTH 5 SHOW TIME-12:00

IT IS PARTICULARLY IMPORTANT TO WASH YOUR HANDS AFTER USING THE TOILET" WE ALL KNOW WE'RE SUPPOSED TO DO IT...YUNJI: DO YOU ALWAYS WASH YOUR HANDS WHEN YOU LEAVE THE LADIES ROOM? ALWAYS, ALWAYS, WITHOUT A DOUBT. (6) YUNJI: DO YOU ALWAYS WASH YOUR HANDS AFTER? MAN: YES YUNJI: DO YOU EVER SEE GUYS WHO DON'T? YES (5) IN AN UNSCIENTIFIC SURVEY...OBSERVERS WENT UNDERCOVER IN PUBLIC RESTROOMS IN 4 CITIES ACROSS THE COUNTRY...AND FOUND THAT 85% OF ADULTS WASH THEIR HANDS - THAT'S UP FROM 77% JUST THREE YEARS AGO...BUT SEPARATE MEN AND WOMEN ...AND THE NUMBERS CHANGE. HERE AT ATLANTA'S TURNER FIELD THE GENDER DIFFERENCES WERE THE MOST EXTREME - 98 PERCENT OF WOMEN WERE SEEN WASHING THEIR HANDS - BUT ONE OUT OF EVERY THREE MEN LEFT THE BATHROOM WITHOUT HITTING THE SINKS. NASTY! IT'S A LAZY THING, THAT DOESN'T SURPRISE ME. HOPEFULLY YOU WERE NOT (LOOKS AT HUSBAND) HUSBAND: I'M ONE OF THE ONES THAT DOES. (4) MEN DON'T MULTI-TASK, THEY'RE ALWAYS IN A HURRY SO THEY JUST GET OUT AND GO (4) DOCTORS SAY WASH UP 80 PERCENT OF INFECTIOUS DISEASES LIKE THE PNEUMONIA, SALMONELLA AND THE COMMON COLD ARE PASSED THROUGH HUMAN CONTACT. THE GOOD NEWS IS WE'RE DOING MORE AND MORE OF IT AND WE'RE DOING I BETTER AND MORE THOROUGHLY, LET'S KEEP ON THAT TRACK. (8) ARE YOU LISTENING GUYS? WASH YOUR HANDS! (1)

LENGTH-00:54 ISSUE-HEALTH 5 SHOW TIME-5:00

THE LAW WILL REQUIRE ALL DOCTORS AND PHARMACISTS TO ENTER INFORMATION ABOUT THE DRUGS THAT THEY DISPENSE TO PATIENTS INTO A STATE WIDE DATABASE. RUTH LYERLY PLAYED AN ACTIVE ROLE IN THE PASSAGE OF THAT LEGISLATION. LYERLY'S SON-- TODD-- TOOK HIS OWN LIFE WHEN HE WAS EIGHTEEN AS A RESULT OF A PRESCRIPTION DRUG ADDICTION. SHE SAYS PRESCRIPTION DRUG ABUSE HAS A DRAMATIC AFFECT NOT ONLY ON THE SUNCOAST-- BUT THE ENTIRE STATE-- AND A DELAY IS DETRIMENTAL. THERE'S AN ESTIMATED 7 FLORIDIANS A DAY THAT DIE FROM RX DRUG ABUSE WE WERE ONE OF THE VERY LAST-- THE 38TH STATE-- TO PASS THIS RX DRUG MONITORING BILL SO TO SEE IT SLOW DOWN A BIT TAKE THE NUMBER-- TAKE 7 AND MULTIPLY IT BY EVERY DAY THAT GOES BY

SEPTEMBER 15, 2010

LENGTH-01:01 ISSUE-WOMEN 8 SHOW TIME-SUNRISE

SOME PREGNANT WOMEN AVOID FISH HOOK, LINE AND SINKER. BUT NOT ALL FISH POSE A RISK DURING PREGNANCY. THE REASON SOME FISH ARE OFF LIMITS IS BECAUSE OF MERCURY CONTAMINATION. LARGER FISH HAVE LIVED LONGER ... SO THEY'VE HAD MORE TIME TO ACCUMULATE MERCURY ...FROM THE ENVIRONMENT. HIGH LEVELS OF MERCURY MAY AFFECT A BABY'S NERVOUS SYSTEM AND CAN LEAD TO BRAIN DAMAGE, LEARNING DISABILITIES AND HEARING LOSS. THE F-D-A RECOMMENDS PREGNANT WOMEN AVOID EATING SWORDFISH, TILEFISH, KING MACKEREL, AND SHARK. AND IF YOU'RE CRAVING TUNA... CHUNK LIGHT IS A BETTER CHOICE. "IF YOU USE THE CHUNK LIGHT TUNA RATHER THAN THE WHITE TUNA, THE ALBACORE HAVING MORE MERCURY THAN THE OTHER KINDS, IT'S ALL VERY CONFUSING. BASICALLY IF YOU LIMIT YOUR FISH TO TWO SERVINGS A WEEK YOU'RE UNLIKELY TO GO HIGH ON THE MERCURY." ACCORDING TO THE FDA, FIVE OF THE MOST COMMONLY EATEN FISH--SHRIMP, CANNED LIGHT TUNA, SALMON, POLLACK AND CATFISH--ARE ALL LOW IN MERCURY.

LENGTH-00:35 ISSUE-DRUGS 11 SHOW TIME-SUNRISE

THE STICKER ON THE RENTED SUV SAYS NO SMOKING. BUT TROOPERS SAY THE CARGO IN BACK WAS ON IT'S WAY TO BE BURNED. NEARLY A 100 POUNDS OF MARIJUANA, PILED UP IN GARBAGE BAGS WAS DISCOVERED BY ROAD RANGERSWHO SPOTTED THE TRUCK PARKED ALONG THE MEDIAN WALL OF A MIAMI HIGHWAY. A GUY WAS PASSED OUT IN THE DRIVERS SEAT WITH THE PLANTS IN THE BACK. WHEN TROOPERS ARRIVED... THE STONED DRIVER HOPPED OUT OF THE S-U-V.... SPRINTED ACROSS FOUR LANES OF TRAFFIC AND DISAPPEARED. TROOPERS SAY THE POT IS PROBABLY WORTH 150-THOUSAND DOLLARS.

LENGTH-00:26

ISSUE-WOMEN 8

SHOW TIME-SUNRISE

PREGNANT WOMEN NEED TO GET FLU SHOTS. THAT'S ACCORDING TO SEVERAL LEADING HEALTH PROVIDERS. THEY'RE CAUTIONING THAT, ALTHOUGH THE SWINE FLU PANDEMIC IS OVER, PREVENTING THE FLU IS IMPORTANT. ANY KIND OF FLU IS RISKY DURING PREGNANCY FOR BOTH MOTHER AND BABY. THIS YEAR BRINGS A RETURN TO THE USUAL ONE-DOSE FLU VACCINE, WHICH WILL PROTECT AGAINST A RETURN OF THAT SWINE FLU STRAIN AS WELL AS TWO OTHER FLU TYPES.

LENGTH-00:23

ISSUE-CRIME 1 SHOW TIME-5:00

A SARASOTA MAN ACCUSED OF FORCING A THIRTEEN YEAR OLD BOY TO PERFORM A SECT ACT ON HIM REMAINS BEHIND BARS TONIGHT.... AUTHORITIES SAY TWENTY FIVE YEAR OLD JOSH CAROLL TOOK THE BOY'S CELL PHONE AND WOULDN'T RETURN IT UNTIL THE CHILD PERFORMED THE ACT . CARROLL LATER REPORTEDLY TOLD THE VICTIM TO TELL HIS FAMILY THAT IT WAS ALL A MISUNDERSTANDING HE'S BEING HELD AT THE SARASOTA COUNTY JAIL ON FORTY THOUSAND DOLLARS BOND.

LENGTH-00:25

ISSUE-CRIME 1 SHOW TIME-5:00

AUTHORITIES SAY A SUSPECT UNDER ARREST CAUSED A THOUSAND DOLLARS IN DAMAGE TO A PATROL CAR AS HE ATTEMPTED TO ESCAPE . LATE LAST NIGHT MANATEE COUNTY DEPUTIES PULLED OVER RANDY BALDWIN AFTER DISCOVERING A WARRANT OUT FOR HIS ARREST. BALDWIN TRIED TO GET AWAY FROM DEPUTIES . HE WAS TASERED THREE TIMES AND PLACED IN A PATROL CAR . ON THE WAY TO JAIL, BALDWIN KICKED OUT THE BACK WINDOW IN AN ATTEMPT TO ESCAPE. NO WORD ON EXTRA CHARGES HE'LL FACE BECAUSE OF THE DAMAGE.

LENGTH-00:29

ISSUE-CRIME 1 SHOW TIME-11:00

A MANATEE COUNTY MAN IS CHARGED IN THE DEATH OF A 11 MONTH OLD BABY.. SHERIFF'S DEPUTIES CHARGING 19-YEAR OLD JOHN MORICO WITH CHILD NEGLECT WITH GREAT BODILY HARM.. HE'S THE MOTHER'S LIVE-IN BOYFRIEND.. INVESTIGATORS SAY SUNDAY NIGHT.. MORICO TRIPPED WHILE CARRYING THE LITTLE BOY.. AND THAT HE FELL ON THE CHILD.. WITH HIS ELBOW HITTING THE BABY'S HEAD.. DOCTORS DETERMINED THE BOY'S

SKULL HAD BEEN FRACTURED.. AND HE DIED LAST NIGHT.. THE MOTHER HAS NOT BEEN CHARGED.. ALTHOUGH INVESTIGATORS SAY ADDITIONAL CHARGES COULD BE POSSIBLE..

SEPTEMBER 16, 2010

LENGTH-00:23 ISSUE-DRUGS 11 SHOW TIME-SUNRISE

ILLEGAL DRUG USE IS AT THE HIGHEST LEVEL IN NEARLY A DECADE. THE HIGH RATE LAST YEAR ... WAS FUELED BY A SHARP INCREASE IN MARIJUANA USE ... AND A SURGE IN ECSTASY AND METH-AMPHETAMINE ABUSE. THE GOVERNMENT REPORT ... FROM THE SUBSTANCE ABUSE AND MENTAL HEALTH SERVICES ADMINISTRATION FOUND MARIJUANA USE ROSE BY 8 PERCENT. COCAINE ABUSE CONTINUES TO DECLINE.

LENGTH-00:35 ISSUE-HEALTH 5 SHOW TIME-SUNRISE

A SCIENTIST IN RUSSIA SAYS HE'S BEATEN THE PROBLEM OF AGING...THE KEY IS HOW OXYGEN REACTS IN THE BODY... 99-PERCENT OF THE TIME OXYGEN TURNS IN TO HARMLESS WATER. BUT THERE'S THAT ONE PERCENT THAT TURNS INTO A SUPER-OXIDE. AND HE SAYS THAT'S WHAT WOULD STOP PEOPLE FROM GETTING OLD. THE PROFESSOR HAS BEEN WORKING TO PERFECT THE TREATMENT FOR 40 YEARS...THE DIFFICULT PART HAS BEEN TRYING TO PREVENT SIDE EFFECTS. THE COMPOUND HAS ALREADY UNDERGONE ANIMAL TESTING. AND HUMAN TRIALS ARE JUST BEGINNING. IT'LL BE A FEW MORE YEARS BEFORE THE DRUG REACHES PHARMACY SHELVES.

LENGTH-00:34 ISSUE-CRIME 1 SHOW TIME-SUNRISE

FILE THIS NEXT ONE UNDER "DUMB CRIMINALS"... TWO NOT SO "WISE GUYS" ... PLOWED THROUGH A SOUTH FLORIDA CONVENIENCE STORE WITH A PICKUP TRUCK ... AND THEN TRIED TO STEAL THE A-T-M ! . THEIR ONLY PROBLEM... THEY COULDN'T LIFT THE 300-POUND MACHINE ... ON TO THEIR TRUCK. PALM BEACH COUNTY DETECTIVES BELIEVE THE TWO SUSPECTS AND A THIRD MAN.... WHO MAY HAVE BEEN A LOOKOUT.... PANICKED WHEN A WITNESS NEARBY STARTED YELLING AND CALLED 911. THE MEN GOT BACK INTO THE PICKUP TRUCK AND DROVE OFF. THE TRUCK, WHICH WAS STOLEN, WAS LATER FOUND ABANDONED

LENGTH-00:48 ISSUE-CRIME 1 SHOW TIME-SUNRISE

AN OHIO MOTHER ... IS INDICTED BY A GRAND JURY ... FOR TEACHING HER TWO-YEAR OLD DAUGHTER HOW TO SMOKE MARIJUANA. 21-YEAR-OLD JESSICA GAMBLE FACES NUMEROUS CHARGES.... INCLUDING CHILD ENDANGERMENT. A DISTURBING CELL PHONE VIDEO SHOWS THE TODDLER EASILY HANDING THE JOINT ... AS HER MOTHER IS HEARD IN THE BACKGROUND COACHING THE CHILD. POLICE INVESTIGATORS SAY THE INCIDENT HAPPENED IN AUGUST ...AND A PERSON WHO SAW IT GAVE A COPY OF THE CELL PHONE VIDEO TO THE STATE FAMILY SERVICES AGENCY.I'M JUST GRATEFUL THAT SOMEBODY IN THE COMMUNITY WAS SAVY ENOUGH AND SMART ENOUGH AND CARED ENOUGH ABOUT THIS LITTLE GIRL THAT THEY FORWARDED IT TO ANOTHER PHONE AND BROUGHT IT TO THE AUTHORITIES." IF SHE IS CONVICTED, SHE COULD GET UP TO ELEVEN YEARS IN PRISON.

LENGTH-00:32 ISSUE-CRIME 1 SHOW TIME-12:00

A SOUTH FLORIDA BANK MANAGER ... IS IN CUSTODY ... AFTER POLICE DISCOVERED SHE WAS IN CAHOOTS WITH TWO BANK ROBBERS. INVESTIGATORS SAY ASSISTANT MANAGER BARBARA PENA-HAUK PLANNED THE ROBBERY WITH HER LIVE IN BOYFRIEND AND ANOTHER MAN. HAUK CHOSE A DAY WHEN SHE KNEW THE BANK WOULD BE SITTING ON A LOT OF CASH. THE TWO ROBBERS CRASHED INTO THE BANK LOBBY ON MOTORCYCLES. THEY PRETENDED TO BEAT HAUK UP ... BUT DETECTIVES BECAME SUSPICIOUS WHEN SHE DIDN'T HAVE ANY INJURIES. HER CO-CONSPIRATORS WERE ALSO ARRESTED.

LENGTH-00:39 ISSUE-EDUCATION 10 SHOW TIME-12:00

GOING TO COLLEGE, MAY GET EVEN MORE EXPENSIVE...A PANEL OVERSEEING FLORIDA'S 11 PUBLIC UNIVERSITIES COULD SOON DECIDE TO INCREASE TUITION FEES...TODAY, THE BOARD OF GOVERNORS IN JACKSONVILLE WILL DECIDE WHETHER TO PUBLISH THE PROPOSALS FOR FUTURE CONSIDERATION. ONE PROPOSAL WOULD PERMIT BLOCK TUITION. THAT MEANS STUDENTS WOULD PAY A FIXED PRICE EVERY SEMESTER REGARDLESS OF HOW MANY COURSES THEY TAKE INSTEAD OF PAYING BY THE CREDIT HOUR. ANOTHER WOULD REVISE PROCEDURES FOR RAISING FEES AND ADOPTING NEW ONES. IT WOULD ALSO LET THE SCHOOLS CHARGE A CONVENIENCE FEE FOR STUDENTS WHO PAY THEIR TUITION AND OTHER EXPENSES WITH CREDIT OR DEBIT CARDS.

LENGTH-00:50 ISSUE-HEALTH 5 SHOW TIME-12:00

A MICROWAVE IS A SAVIOR WHEN WE'RE TIME CRUNCHED AND STARVED. BUT DO MICROWAVE RAYS ZAP IMPORTANT NUTRIENTS FROM OUR MEALS? SOME NUTRIENTS DO BREAK DOWN WHEN THEY'RE EXPOSED TO HEAT, BUT THAT HAPPENS WHETHER YOU USE A MICROWAVE OR AN OVEN. SURPRISINGLY, MICROWAVES PROBABLY DO A BETTER JOB OF

PRESERVING NUTRIENTS BECAUSE COOKING TIMES ARE SHORTER. 1 HOWEVER, FOOD COOKS LESS EVENLY IN A MICROWAVE THAN AN OVEN. SO IT'S IMPORTANT TO USE A FOOD THERMOMETER. TEST FOOD TO INSURE IT'S REACHED THE RECOMMENDED TEMPERATURE TO DESTROY BACTERIA. 2 WHEN IT COMES TO VEGETABLES, NO MATTER WHERE YOU COOK THEM, USE JUST A LITTLE WATER; OTHERWISE NUTRIENTS WILL LEACH OUT INTO THE WATER DURING COOKING. FOR EXAMPLE, BOILED BROCCOLI LOSES A COMPOUND THAT AS PART OF A HEALTHY DIET AND EXERCISE PROGRAM MAY HELP IN CANCER PREVENTION. STEAM YOUR BROCCOLI INSTEAD, AND MORE OF THOSE VITAMINS AND MINERALS WILL END UP ON YOUR DINNER PLATE. 1 SO GO AHEAD, ZAP AWAY. IT MAY EVEN GIVE YOU A NUTRITIONAL ADVANTAGE!

LENGTH-00:58 ISSUE-CRIME 1 SHOW TIME-5:00

CHAOS ERUPTED AROUND MIDDAY AT THE SPRAWLING JOHNS HOPKINS HOSPITAL COMPLEX IN BALTIMORE: THEY CALLED IN THE ROOM AND HE CAME IN THE ROOM AND HE JUST SHOT HIM. THIS WOMAN WAS VISITING HER NEPHEW JUST DOWN THE HALL WHEN THE GUNMAN IDENTIFIED AS 50 YEAR OLD WARREN DAVIS SHOT THE DOCTOR. SOT POLICE : HE BECAME EMOTIONALLY DISTRAUGHT AND OVERWHELMED BY THE NEWS OF HIS MOTHER'S CONDITION. REMOVED A GUN AND STRUCK THE DOCTOR. THE DOCTOR COLLAPSED OUTSIDE. DAVIS THEN BARRICADED HIMSELF IN A ROOM . THAT AREA OF THE HOSPITAL WAS EVACUATED AND POLICE SWARMED THE STREETS OUTSIDE. THEN THEY CLOSED IN ON ROOM 853 IN THE NELSON BUILDING. BEFORE THEY COULD ENTER, DAVIS SHOT HIS 80-YEAR-OLD MOTHER IN THE HEAD AND THEN TURNED THE GUN ON HIMSELF. SOT POLICE: WE ARE TREATING THIS AS A MURDER SUICIDE. THE DOCTOR WAS RUSHED TO SURGERY AND IS EXPECTED TO SURVIVE. HIS IDENTITY HAS NOT BEEN RELEASED. SOT MAYOR: THE SAFETY AND SECURITY OF JOHNS HOPKINS IS PARAMOUNT THE REST OF THE HOSPITAL REMAINED OPEN DURING THE STANDOFF BUT PATIENTS AND STAFF WERE CLEARLY FRIGHTENED. SOT NURSE: TO HAVE SOMEONE COME IN SHOOTING. THEY CAN'T EVEN GET TREATED LIKE THEY ARE SUPPOSED TO. IT'S TOTALLY SAD. STANDUP: THERE ARE 80 THOUSAND VISITORS A WEEK AT HOPKINS, 80 ENTRANCES AND NO MAGNETOMETERS.

LENGTH-00:46 ISSUE-CRIME 1 SHOW TIME-5:00

IN BOSTON TODAY, PROSECUTORS FORMALLY DISMISSED THE CASE AGAINST ACCUSED CRAIGSLIST KILLER PHILIP MARKOFF. HE WAS ACCUSED OF MURDERING A WOMAN HE MAY HAVE MET ON THE WEBSITE IN 2009 -- BUT MARKOFF COMMITTED SUICIDE IN JAIL LAST MONTH BEFORE HIS CASE COULD GO TO TRIAL. THE SUFFOLK COUNTY DISTRICT ATTORNEY GAVE MORE DETAILS TODAY: THE CASE WAS SCHEDULED TODAY FOR A HEARING HERE IN THE COURT, SO RATHER THAN APPEAR IN COURT, WE FILED A DOCUMENT WITH THE CLERK, WHICH I SAID EFFECTIVELY TERMINATES THIS PROSECUTION OFFICIALLY. WE ALL KNOW THIS PROSECUTION ENDED ON AUGUST 15TH, WHEN PHILIP MARKOFF COMMITTED SUICIDE AT THE NASHUA STREET JAIL. MARKOFF WAS ARRESTED IN APRIL 2009 IN RELATION TO JULISSA BRISMAN'S DEATH AT A BOSTON HOTEL. PROSECUTORS SAID TODAY THE BRISMAN FAMILY WAS "ROBBED OF THE OPPORTUNITY" TO SEEK JUSTICE AGAINST MARKOFF.

LENGTH-00:17 ISSUE-CRIME 1 SHOW TIME-11:00

SHERIFF'S DEPUTIES AND U-S MARSHALS TEAMING UP TO NAB ONE OF SARASOTA COUNTY'S MOST WANTED...WENDY PEREZ ARRESTED TODAY IN TAMPA... HIS NAME REALLY IS... WENDY.. HE WAS WANTED FOR SHOOTING A MAN LAST APRIL OFF FILMORE AVENUE. PEREZ IS IN THE HILLSBOROUGH COUNTY JAIL -- HE'LL EVENTUALLY BE TRANSFERRED TO SARASOTA COUNTY.

LENGTH-00:18 ISSUE-CRIME 1 SHOW TIME-11:00

A SUNCOAST MAN IS JAILED ON 24 COUNTS OF POSSESSION OF CHILD PORNOGRAPHY.. MANATEE COUNTY SHERIFF'S DETECTIVES RECEIVED A COMPLAINT THAT 55-YEAR OLD JAMES ELLIS HAD MULTIPLE IMAGES OF CHILD PORN ON A FLASH DRIVE AND A CD. A CO-WORKER DISCOVERED THEM AFTER HELPING ELLIS MOVE. HE'S BEING HELD WITHOUT BOND IN THE SARASOTA COUNTY JAIL.

SEPTEMBER 17, 2010

LENGTH-00:53 ISSUE-CRIME 1 SHOW TIME-SUNRISE

A SOUTH FLORIDA MOTHER BEHIND BARS... AFTER TAKING HER KIDS SHOPLIFTING. ACCORDING TO DEPUTIES, JANITA MOREAU ... AND TWO OF HER SEVEN KIDS ... WENT INTO A NORTH LAUDERDALE WALMART STORE, AND STOLE 150-DOLLARS WORTH OF BABY FORMULA, BABY WIPES AND CONDOMS, ALONG WITH SOME CLOTHES. SECURITY CAMERAS CAUGHT THEM STUFFING THE LOOT INTO A DIAPER BAG, PURSE, AND STROLLER. "SHE HAS A JOB AND YOU KNOW, THERE ARE OTHER WAYS OF OBTAINING, THERE ARE PLENTY OF CHARITIES AND ORGANIZATIONS IN THE COMMUNITY THAT IF YOU ARE REALLY THAT BAD IN NEED, YOU COULD GET THE ITEMS THAT YOU NEED WITHOUT HAVING TO RESORT TO STEALING AND TEACHING YOUR KIDS TO STEAL." WHEN CONFRONTED BY COPS, THEY DITCHED THE BABY, AND HID INSIDE THE STORE... MOREAU IS BEING CHARGED WITH CHILD NEGLECT AND PETTY THEFT. THE CHILDREN ARE NOW IN THE CARE OF THEIR FATHER.

LENGTH-02:05 ISSUE-HEALTH 5 SHOW TIME-12:00

ATHLETICS MAY NOT BE THE ONLY THING THESE KIDS ARE WRESTLING WITH NAT WRESTLING MATCH VIRUSES, BACTERIA AND FUNGI LURK WHERE ATHLETES HANG OUT AND CAN CAUSE NASTY INFECTIONS.? IN FACT, THE NATIONAL ATHLETIC TRAINERS' ASSOCIATION REPORTS THAT SKIN INFECTIONS ACCOUNT FOR OVER HALF THE INFECTIOUS DISEASE OUTBREAKS AMONG COMPETITIVE ATHLETES LIKE HERPES AND IMPETIGO. HONESTLY IT ONLY LOOKED REALLY LIKE A PIMPLE. 16 YEAR OLD MATT BEARDEN FOUND RINGWORM ON HIS ARM. HE CAUGHT IT FROM ANOTHER PLAYER IN A HIGH SCHOOL WRESTLING MATCH.? I WAS JUST REALLY // HOPING IT WOULDN'T BE.? 0 FOR MATT, IT MEANT SITTING OUT OF PRACTICE FOR A FEW DAYS. BUT OTHER INFECTIONS - LIKE METHICILLIN RESISTANT STAPH OR MRSA- CAN PUT PLAYERS IN THE HOSPITAL. IT'S ON THE RISE AROUND THE COUNTRY - AND ATHLETES ARE AT RISK BECAUSE OF FREQUENT SKIN-TO-SKIN CONTACT. ? OUR FIRST GERM HOT SPOT THE LOCKER ROOM.? DR RICH BESSER 1709 WHO HAS THE STINKIEST, MOST DISGUSTING LOCKER? (ALL THE KIDS POINTING AT EACH OTHER)? YUP NOTHING'S SACRED HERE AT NEW JERSEY'S EWING HIGH SCHOOL ... WHOA. HOW OFTEN DO YOU TAKE YOUR STUFF HOME TO WASH IT?? ONCE A WEEK.? ONCE A WEEK? TO PREVENT INFECTIONS BE SURE TO WASH YOUR GYM STUFF FREQUENTLY - BECAUSE GERMS LOVE A MOIST ENVIRONMENT AND DON'T SHARE COMBS OR BRUSHES TO AVOID BUGS LIKE LICE. BUGS CAN ALSO LURK IN THE SHOWER AND ON DIRTY BODIES.. SO NO SHARING TOWELS, BAR SOAP OR RAZORS NEXT STOP, THE WEIGHT ROOM, WHERE EWING HIGH SCHOOL'S ATHLETIC TRAINER, DAVE CSILLIAN, TAKES GREAT CARE IN KEEPING HIS EQUIPMENT CLEAN, AND HIS ATHLETES INFECTION-FREE.?? DR RICH BESSER WHAT THINGS DO YOU DO HERE IN THE WEIGHT ROOM TO REDUCE INFECTION? WE DO A DAILY CHECK OF THE EQUIPMENT WITH THE PADS AND BENCH-- BENCH COVERINGS TO MAKE SURE THERE ARE NO CRACKS, NO DEFECTS BECAUSE //EVEN THOUGH YOU DISINFECT THE OUTER COVERING, YOU COULD HAVE FUNGUS AND BACTERIA HARBORING INSIDE THE CRACK. OTHER WAYS TO AVOID INFECTION: IF YOU CAN - AVOID SHARING EQUIPMENT LIKE HELMETS - AND WASH YOUR HANDS OFTEN WITH LIQUID - NOT BAR SOAP - FOR AT LEAST 20 SECONDS FINALLY, THE LAST STOP ON OUR GERM TOUR.. THE TRAINING ROOM, WHERE KIDS ARE TREATED FOR INJURIES.? HOW MANY KIDS USE THE WHIRLPOOL EVERY DAY? MAYBE TWO OR THREE PER DAY. WHAT INFECTIONS DO YOU WORRY ABOUT SPREADING? 19WHIRLPOOLS ARE VERY INFAMOUS FOR STAPH INFECTIONS. SO, WE REALLY NEED TO BE CAREFUL WITH THAT. ?THE TAKE AWAY? CLEAN HANDS, DISINFECTING EQUIPMENT AND REPORTING INFECTIONS ARE PARAMOUNT TO KEEPING THE PLAYERS ON THE FIELD AND THE GERMS OFF THE PLAYERS.?

LENGTH-01:05 ISSUE-CRIME 1 SHOW TIME-12:00

THE SIXTEENTH APPEARED RELAXED AS HE WAVED AT THE THOUSANDS OF CATHOLIC SCHOOL CHILDREN WHO GREETED HIM ON THE SECOND DAY OF HIS BRITISH TRIP. AROUND THE SAME TIME, LONDON POLICE WERE CARRYING OUT THE ARRESTS OF FIVE MEN THEY SAY MAY HAVE POSED A THREAT AGAINST THE PONTIFF. THE MEN WERE QUESTIONED BUT HAVE NOT BEEN CHARGED. AN INITIAL SEARCH OF BUSINESSES AND OTHER PROPERTIES CONNECTED TO THE FIVE DID NOT UNCOVER ANY HAZARDOUS ITEMS. WE CAN SAY THAT WE ARE TOTALLY CONFIDENT IN THE WORK OF THE POLICE, OF SCOTLAND YARD. AND WE HAVE NO PARTICULAR PREOCCUPATION. AS THE INVESTIGATION CONTINUES THE POPE WHO TRAVELS WITH A BULLETPROOF VEHICLE AND WITH HIS OWN SECURITY WENT ABOUT HIS PLANNED SCHEDULE. FOR THE SECOND DAY IN A ROW HE CONFRONTED THE SEX ABUSE SCANDAL PLAGUING HIS CHURCH. SOT FROM POPE ON UNITING PEOPLE AND PROTECTING CHILDREN- WHILE HE HAS BEEN MET ENTHUSIASTICALLY BY LARGE CROWDS FOR THE MOST,

A SMALLER GROUP OF PROTESTORS REMAIN UPSET AT HOW THE 83 YEAR OLD HAS HANDLED THE SEX ABUSE CRISIS. SOT PETER TATCHELL GAY RIGHTS CAMPAIGNER: "HE IS THE POPE WHO IS REFUSING TO OPEN UP THE VATICAN'S SECRET SEX ABUSE FILES AND HAND THEM OVER TO POLICE AUTHORITIES WORLDWIDE. THAT MAKES HIM AN ACCOMPLICE TO SEX CRIMES AGAINST CHILDREN."

LENGTH-01:02

ISSUE-HEALTH 5 SHOW TIME-5:00

DR. EDWARD STOLARSKI IS A PIONEER IN HIS FIELD. FOR THE PAST SEVERAL YEARS HE'S BEEN TEACHING AND LECTURING ON A MINIMALLY INVASIVE HIP REPLACEMENT SURGERY KNOWN AS ASI OR ANTERIOR SUPINE INTRAMUSCULAR HIP REPLACEMENT. I LEARNED IT IN BELGIUM SEVEN YEARS AGO AND PERFECTED IT AT THE CLEVELAND CLINIC DOWN IN NAPLES." MORE SURGEONS AROUND THE WORLD ARE LEARNING HOW TO PERFORM ASI-- BECAUSE PATIENTS ARE QUICKER TO RECOVER AND DON'T HAVE THE LIMITATIONS ASSOCIATED WITH THE TRADITIONAL SURGERY.THE OLD WAY YOU CAN'T BEND PAST 90 YOU GOTTA SLEEP WITH A PILLOW BETWEEN THE LEGS YOU CAN'T CROSS YOUR LEGS FOR SIX WEEKS AND YOU'RE ALWAYS WORRIED ABOUT DISLOCATION THIS APPROACH NEGATES THAT." AFTER ATTENDING ONE OF HIS LECTURES IN OKINAWA JAPAN, 6 JAPANESE SURGEONS TRAVELED TO SARASOTA TO SEE THE PROCEDURE DONE LIVE...EVEN CATCHING THE ACTION ON THEIR CELL PHONES. "HE'S VERY QUICK ACCURATE, GREAT SURGEON." WITH ASI HIP REPLACEMENT DR. STOLARSKI MAKES AN INCISION 2-4 INCHES GOING THROUGH THE FRONT OF THE HIP..."THE OLD WAY WE WERE GOING THROUGH THE BACK CUT THROUGH MUSCLES, THIS WAY WE'RE GOING THROUGH THE FRONT ACTUALLY BETWEEN MUSCLES AND BECAUSE WE DON'T VIOLATE TISSUES IN THE BACK THE HIP CAN'T GO ANYWHERE."VICTORIA DANESI-- WHOS RECOVERING FROM HER MORNING SURGERY-- THE RELIEF WAS A LONG TIME COMING.I COULD BARELY WALK A BLOCK WITHOUT SEVERE PAIN. BUT BECAUSE OF THE ASI SURGERY...DOCTORS SAY VICTORIA WILL BE BACK TO HER NORMAL ACTIVITIES IN A COUPLE WEEKS AS APPOSED TO SIX TO 8 WEEKS. KYAKING YOGA MARTIAL ARTS, I DON'T KNOW WHAT PILATES ARE, BUT THEY'RE DOING THEM...AND ANYTHING TO WANT TO DO."I'VE WAITED A LONG TIME TO HAVE THIS SURGERY AND NOW THAT I'VE HAD IT I'M SORRY I WAITED THIS LONG."

SEPTEMBER 18, 2010

NOTHING

SEPTEMBER 19, 2010

NOTHING

SEPTEMBER 20, 2010

LENGTH-00:40 ISSUE-HEALTH 5 SHOW TIME-SUNRISE

A FORT MYERS MAN ... HAS DIED OF THE MOSQUITO- SPREAD... WEST NILE VIRUS. COLLIER COUNTY HEALTH OFFICIALS CONFIRMING THE DEATH ON FRIDAY...THEY SAY SYMPTOMS OF WEST NILE ... INCLUDE FEVER, RASH, HEADACHE, FATIGUE, WEAKNESS AND DIZZINESS. OFFICIALS THERE AND IN THE REST OF THE STATE ... URGE RESIDENTS TO USE MOSQUITO-REPELLENT... AND TO PROTECT THEMSELVES... BY AVOIDING THE OUTDOORS AT DUSK AND DAWN ...WHEN THE BUGS ARE MORE ACTIVE; ALSO WEAR CLOTHING THAT COVERS MOST OF YOUR SKIN; AND IF YOU HAVE ANYTHING THAT COLLECTS STANDING WATER AROUND YOUR HOUSE... MAKE SURE YOU POUR THE WATER OUT. THAT'S WHERE MOSQUITOES LAY THEIR EGGS.

LENGTH-00:45 ISSUE-CRIME 1 SHOW TIME-12:00

NORTH PORT POLICE ARE LOOKING FOR A MAN THEY SAY SEXUALLY ASSAULTED A SENIOR CITIZEN. IT HAPPENED SHORTLY BEFORE 9:30 YESTERDAY MORNING.... AT A HOME IN THE 82-HUNDRED BLOCK OF HERB-ISON AVENUE. ACCORDING TO REPORTS, THE SUSPECT APPEARED AT THE BACK DOOR... OF THE 76-YEAR-OLD WOMAN'S HOME... CLAIMING HE WAS THERE TO TRIM HER TREES. WHEN SHE UNLOCKED THE DOOR.... THE MAN GRABBED HER AND THREATENED TO KILL HER IF SHE SCREAMED. THE SUSPECT IS DESCRIBED AS APPROXIMATELY SIX FEET TALL, WITH COFFEE COLORED SKIN... AND BLACK, SHORT SPIKY HAIR. THE VICTIM SAID HER ATTACKER WAS IN HIS MID-TWENTIES... AND SMELLED OF ALCOHOL.

LENGTH-00:28 ISSUE-CRIME 1 SHOW TIME-5:00

A SUSPECTED SERIAL STABBER WITH TIES TO THE SUNCOAST IS NOW CHARGED WITH MURDER AND FOUR ADDITIONAL COUNTS OF ATTEMPTED MURDER. ELIAS ABUELAZAM (A'-BOO-LAH'-ZUHM) HAD PREVIOUSLY BEEN CHARGED WITH JUST ONE ATTEMPTED MURDER COUNT. HE'S SUSPECTED IN A SERIES OF STABBINGS IN MICHIGAN, OHIO AND VIRGINIA. THE SUSPECTED KILLER LIVED AT THE FOUNTAIN LAKE CONDOS IN BRADENTON EARLIER THIS YEAR. MANATEE COUNTY SHERIFF'S DEPUTIES SAY THEY HAVE NOT UNCOVERED ANY EVIDENCE ABUELAZAM COMMITTED ANY CRIMES WHILE LIVING ON THE SUNCOAST.

LENGTH-02:02 ISSUE-HEALTH 5 SHOW TIME-5:00

I WAS A LITTLE BIT FRUSTRATED BECAUSE I PUT A BUNCH OF HARD WORK IN BUT I DIDN'T REALLY GET RESULTS OUT. 15-YEAR OLD KALLUM SHROPSHIRE HAS BEEN BATTLING HIS WEIGHT FOR MUCH OF HIS YOUNG LIFE - OBESITY RUNS IN HIS FAMILY - AT HIS HEAVIEST, KALLUM WEIGHED 445 POUNDS."I NEEDED SOMETHING DONE CUZ MY WEIGHT WAS GETTING WAY OUT OF CONTROL." IN JUNE, KALLUM HAD A GASTRIC SLEEVE - A SURGERY WHERE 80-85% OF THE STOMACH IS REMOVED ALLOWING THE PATIENT TO FEEL FULLER ON SMALLER AMOUNTS OF FOOD. KALLUM IS JUST ONE OF MANY ADOLESCENTS WHO ARE NOW TURNING TO WEIGHT LOSE SURGERIES IN THE FIGHT AGAINST OBESITY - BUT LITTLE IS KNOWN ABOUT THE LONG TERM RISKS OF THESE PROCEDURES. DR. MARK WULKAN PERFORMED KALLUM'S SURGERY. WULKAN - BENEFITS OUTWEIGH THE RISKS / MY GOAL IS NOT TO MAKE THEM SKINNY FOR THE PROM BUT TO MAKE THEM HEALTHY SO FAR, KALLUM HAS LOST 60 POUNDS AND HIS MOTHER COULDN'T BE PROUDER. I HOPE HE CAN ACCOMPLISH ANYTHING THAT HE SETS HIS MIND TO. I'VE BEEN FEELING LIKE A LOT BETTER. I FEEL LIKE A WHOLE OTHER PERSON. 22-YEAR OLD KAYLA MARYLES UNDERSTANDS KALLUM'S STRUGGLE SOT//KAYLA - SINCE I WAS 6 I WAS OVERWEIGHT AND STRUGGLED EVER SINCE THEN // I WAS AN EMOTIONAL EATER, IF PEOPLE BULLIED ME, IF I WAS HAVING A BAD DAY I WENT TO THE FOOD KAYLA EVENTUALLY HIT 250 POUNDS AND TRIED EVERYTHING SHE COULD THINK OF TO LOSE THE WEIGHT - AN AVID SWIMMER SHE HIT THE WATER EVEN MORE AND SHE TRIED AN ARRAY OF DIETS. 2 YEARS AGO, KAYLA WAS OUT OF OPTIONS WHEN SHE AND HER DOCTOR DECIDED ON A WEIGHT LOSE PROCEDURE CALLED. LAPAROSCOPIC ADJUSTABLE GASTRIC BANDING - COMMONLY KNOWN AS THE LAP BAND WHERE AN ADJUSTABLE BAND IS WRAPPED AROUND THE UPPER PART OF THE STOMACH DIVIDING IT INTO TWO PARTS - A PORT CONNECTS THE BAND TO THE ABDOMINALE WALL - ALLOWING FOOD TO SLOWLY PASS FROM THE UPPPER PART OF THE STOMACH INTO THE LOWER SOT//KAYLA - I'VE LOST 80 POUNDS // MY LIFE CHANGED IN MANY WAYS, MOST OF ALL MY EATING HABITS AND THE FOOD THAT I EAT. THE LAP BAND IS NOT FDA APPROVED FOR TEENS UNDER 18 BUT KAYLA FEELS IT SHOULDN'T BE BASED ON AGE BUT ON POTENTIAL HEALTH RISKS SOT//KAYLA - I DON'T THINK IT SHOULD BE SOMETHING THAT IS TAKEN AWAY FROM SOMEBODY WHO REALLY NEEDS IT KAYLA SAY'S SHE COULDN'T HAVE LOST THE WEIGHT ANY OTHER WAY "IT'S BEEN AN AMAZING JOURNEY I MUST SAY, IT WAS PRETTY HARD AT FIRST, NOT KNOWING IF IT WAS GOING TO WORK BUT WHEN I LOOK AT MY BEFORE AND AFTER PICTURES NOW I JUST CAN'T BELIEVE THAT WAS ME."

LENGTH-02:21 ISSUE-CRIME 1 SHOW TIME-5:00

82-YEAR OLD SCOTT GROVER KNEW SOMETHING WASN'T RIGHT WHEN HE RETURNED HOME FRIDAY. HIS TWO DOGS HERCULES AND GABI WEREN'T WAITING FOR HIM AT THE DOOR. "I DIDN'T KNOW WHERE THE OTHER DOG WAS. I WAS SURPRISED." "THIS IS WHERE THEY KICKED IT IN. RIGHT HERE."LOOKING AROUND AND FINDING A HOUSE IN DISARRAY HIS WORRIES WERE CONFIRMED. "WHEN I SAW ALL THE DAMAGE TO THE FRONT DOOR I STARTED LOOKING AROUND AND SAW THE DAMAGE AROUND THE HOUSE. I KNEW WHAT HAD HAPPENED."GROVER WASN'T CONCERNED WITH THE MISSING JEWELRY, OR IDENTIFICATION DOCUMENTS. HE ALSO WASN'T CONCERNED WITH THE MISSING HAND MADE STERLING SILVER FLATWARE HE AND HIS WIFE ELAINE OF 55-YEARS BOUGHT DECADES AGO. "RIGHT AWAY I LOOKED AND FOUND THE URN WAS MISSING."THE REMAINS OF ELAINE WHO PASSED AWAY IN MARCH WERE IN A SILVER EARN IDENTICAL TO THIS ONE. SHE AND THE BOX WERE GONE. "I DON'T UNDERSTAND WHY ANYONE WOULD DO THAT. THE URN WAS SHINNY. MAYBE

THEY WERE JUST ATTRACTED BY SHINY THINGS." "WE ARE HOPING THAT THEY OPEN THE BOX AND ACTUALLY HAVE A HEART." AS DETECTIVES CONTINUE THEIR INVESTIGATION MONDAY GROVER'S FAMILY IS HEARTBROKEN AND IS NOW OFFERING A NO QUESTIONS ASKED REWARD. "I KNOW HIS FINAL RESTING PLACE WANTS TO BE WITH ELAINE. AFTER 55 YEARS OF MARRIAGE IT IS EXTREMELY IMPORTANT TO HIM." "DESERVING TO BE SIDE BY SIDE A GRIEVING HUSBAND BEGS FOR THE REMAINS OF HIS LONG TIME COMPANION TO BE RETURNED. THAT SHE NOT BE ROBBED OF HER FINAL RESTING PLACE. "I CAN'T IMAGE THAT SOMEONE WOULD BE SO MEAN AS TO STEAL SOMETHING LIKE THAT. IT IS OF NO VALUE TO ANYONE EXCEPT TO ME AND MY KIDS. WE REALLY NEED HER BACK. I BEG AND PLEAD WITH WHOEVER HAS HER TO PLEASE RETURN HER AS QUICKLY AS POSSIBLE. NO QUESTIONS ASKED."

LENGTH-00:24 ISSUE-CRIME 1 SHOW TIME-11:00

MEANWHILE -- CHARLOTTE COUNTY DEPUTIES JOINING FORCES WITH MANATEE COUNTY AUTHORITIES TO ARREST A RAPE SUSPECT...45-YEAR-OLD DONALD ANDREWS WAS TAKEN INTO CUSTODY FRIDAY IN PARRISH. HE'S WANTED ON 10 COUNTS OF RAPE IN NASHVILLE. AN INVESTIGATOR ON THE CASE THERE, CONTACTED CHARLOTTE COUNTY DEPUTIES AFTER GETTING A TIP THAT HE WAS LIVING ON THE SUNCOAST... HE'S CURRENTLY IN THE MANATEE COUNTY JAIL AWAITING EXTRADITION BACK TO TENNESSEE.

LENGTH-00:31 ISSUE-CRIME 1 SHOW TIME-SUNRISE

MANATEE COUNTY DEPUTIES NAB AN ARMED ROBBER. 28-YEAR-OLD MICHAEL DAILEY WAS ARRESTED LAST NIGHT FOR STEALING 350-DOLLARS FROM AN ACQUAINTANCE. DAILEY AND HIS GIRLFRIEND MEGAN SESSIONS.... ARRIVED AT THE VICTIMS HOME ON 86TH STREET WEST. SESSION SAID SHE HAD TO LEAVE, AND DAILEY ASKED TO STAY AND HANG OUT. ONCE SESSIONS LEFT, DAILEY ORDERED THE VICTIM TO THE GROUND.... SHOWING HER A HANDGUN HIDDEN UNDER HIS SHIRT. DAILEY GRABBED THE CASH AND FLED IN HIS CAR, DRIVEN BY SESSIONS.

LENGTH-00:44 ISSUE-HEALTH 5 SHOW TIME-SUNRISE

EVERY YEAR FOOTBALL PLAYERS FROM THE NFL TO HIGH SCHOOL ARE SIDELINED BY FOOT INJURIES - ONE OF THOSE BEING TURF TOE. "TURF TOE IS A HYPEREXTENSION OF THE BIG TOE THAT LEADS TO A STRETCHING OF LIGAMENTS ON THE BOTTOM OF THE TOE AND IN AN EXTREME CASE WILL LEAD TO AN IMPACTION ON THE TOP OF THE TOE OF THE TWO BONES THAT MAKE UP THE JOINT." THE INJURY WAS COINED 'TURF TOE' BECAUSE IT WAS THOUGHT THAT FOOTBALL PLAYERS WERE MORE AT RISK WHEN PLAYING ON ASTROTURF... SYMPTOMS INCLUDE PAIN AT THE BASE OF THE TOE, SWELLING AND LIMITED JOINT

MOVEMENT. THERE IS NO SPECIFIC WAY TO PREVENT TURF TOE, BUT THERE ARE TREATMENT OPTIONS, FROM SIMPLY RESTING THE TOE TO WEARING AN ORTHOTIC. IN RARE CASES, SURGERY MAY BE NECESSARY.

LENGTH-00:55 ISSUE-ELDERLY 7 SHOW TIME-5:00

MEMBERS OF THE INSTITUTE FOR THE AGES LAUNCH COMMITTEE SAY THAT IT WILL BE A PLACE WHERE CORPORATIONS CAN COME AND WORK ON DEVELOPING PRODUCTS AND TECHNOLOGY GEARED TOWARD SENIOR CITIZENS-- AND WHERE LEADERS CAN COME WORK ON POLICY ISSUES AFFECTING THE ELDERLY. THERE WILL ALSO BE A BUILT IN LABORATORY FOR RESEARCH. SCOPE SAYS THEY HOPE TO HAVE A NATIONAL BOARD OF DIRECTORS BY THE SPRING-- AND THEY'RE ALREADY IN THE PROCESS OF INCORPORATING. OFFICIALS SAY THEY HAVE TREMENDOUS SUPPORT FROM GOVERNMENT ENTITIES AND LOCAL FOUNDATIONS-- NOW THEY WANT TO GET THE COMMUNITY INVOLVED."THIS HUGE AGING POPULATION... AGING IN PLACE AND AGE FRIENDLY HOMES TO A DIFFERENT RETAIL EXPERIENCE A DIFFERENT TRAVEL EXPERIENCE USE OF TECHNOLOGY ALL OF THOSE KINDS OF THINGS"

LENGTH-01:04 ISSUE-HEALTH 5 SHOW TIME-5:00

WHEN IT COMES TO REAL ESTATE, YOU'VE GOT TO BE ON YOUR GAME. YET EVEN THOUGH SHE WAS SUCCESSFUL AT IT, SARAH BRODSKY ALWAYS SEEMED A LITTLE OFF. I WAS CONSTANTLY STUFFED UP, FELT PRESSURE IN MY FACE, HEADACHES THAT WOULD EVEN BE IN THE BACK OF MY HEAD. FOR YEARS, SARAH HAD SUFFERED FROM SINUS PROBLEMS. EVEN AFTER NUMEROUS TESTS AND DIFFERENT DRUGS, SHE COULDN'T SHAKE THE PAIN AND EXHAUSTION. SHE FINALLY WENT TO A SINUS SPECIALIST, WHO DIAGNOSED HER WITH CHRONIC SINUSITIS AND RECOMMENDED SURGERY. THEY OPENED ALL MY PASSAGEWAYS SO THAT I COULD BREATHE EASIER. SINUSITIS IS AN INFLAMMATION OF THE SINUSES THAT OCCURS WITH A VIRAL, BACTERIAL, OR FUNGAL INFECTION. WITH CHRONIC SINUSITIS, THE CAVITIES AROUND THE SINUSES BECOME INFLAMED AND SWOLLEN, WHICH INTERFERES WITH DRAINAGE AND CAUSES MUCUS TO BUILD UP. THE CAT SCAN CAN BE HELPFUL AND CAN SHOW ACUTE SINUSITIS, BUT THE ABSENCE OF FINDINGS DOESN'T INDICATE A PERSON DOESN'T HAVE IT. SYMPTOMS FOR SINUSITIS INCLUDE LOSS OF SMELL, COUGHING AT NIGHT, FATIGUE, HEADACHE, NASAL CONGESTION, SORE THROAT AND POSTNASAL DRIP. AND IN SOME CASES A FEVER. AND TREATMENT RANGES FROM PILLS TO SURGERY. YET EVEN THOUGH THE SYMPTOMS ARE EASY TO SPOT, SINUSITIS STILL CONTINUES TO BE MISDIAGNOSED. THIS IS AN ILLNESS THAT'S SEEN IN 14-PERCENT OF AMERICANS. INTERNISTS ARE JUST NOT GETTING INFORMATION.

SEPTEMBER 22, 2010

LENGTH-01:14

ISSUE-CRIME 1

SHOW TIME-12:00

SO AS AMERICA GOES, SO GOES THE WORLD. HE IS ONE OF AMERICA'S MOST INFLUENTIAL SOUTHERN PREACHERS, LEADING A MEGA- CHURCH OF 25 THOUSAND MEMBERS OUTSIDE OF ATLANTA THAT INCLUDES ATHLETES, ENTERTAINERS. DR. MARTIN LUTHER KING'S YOUNGEST DAUGHTER IS EVEN PART OF THE CLERGY. BUT ALL THAT COULD BE AT STAKE...AFTER BISHOP EDDIE LONG WAS ACCUSED BY TWO MEN OF COERCING THEM INTO SEX...WHEN THEY WERE JUST TEENAGERS. I AM TELLING YOU, THESE ARE.. THESE ARE VERY POWERFUL, BRUTAL ALLEGATIONS THAT ARE TRUE. MAURICE ROBINSON AND ANTHONY FLAGG ARE NOW IN THEIR 20S, AND IN TWO SEPARATE LAWSUITS, THEY SAY BISHOP LONG HELD "PRIVATE SPIRITUAL CEREMONY(S)" WHERE THEY SAY HE "COERCED CERTAIN YOUNG MALE MEMBERS AND EMPLOYEES INTO SEXUAL ACTS AND RELATIONSHIPS..." THEY SAY HE SHOWERED THEM WITH "CARS, CLOTHES, JEWELRY AND ELECTRONICS," AND FLEW THEM ACROSS THE WORLD IN "PRIVATE JETS" AND PUT THEM UP IN "LUXURY HOTELS." HE HAS RELATIONSHIPS AT DIFFERENT TIMES, AT DIFFERENT PLACES, WITH WHOEVER HE WANTS. IN STATEMENT, LONG'S ATTORNEY WROTE THAT "BISHOP EDDIE LONG ADAMANTLY DENIES THE ALLEGATIONS," AND THAT "IT'S UNFORTUNATE THE TWO YOUNG MEN HAVE CHOSEN TO TAKE THIS COURSE OF ACTION." LAST NIGHT, AFTER BIBLE STUDY AT THE NEW BIRTH MISSIONARY BAPTIST CHURCH, FOLLOWERS STOOD BEHIND THEIR PASTOR. MOS WOMAN I DON'T BELIEVE THE ALLEGATIONS AT ALL SOT MAN WE LOVE OUR BISHOP AND GOD IS GOOD. STANDUP WINICK BECAUSE THE MEN WERE 17 AND 18 - ABOVE THE AGE OF CONSENT--AT THE TIME OF THE ALLEGED RELATIONSHIPS, BISHOP LONG CANNOT FACE CRIMINAL CHARGES.

LENGTH-00:11

ISSUE-CRIME 1

SHOW TIME-12:00

DETROIT POLICE ARE INVESTIGATING THE SEVERE BEATING OF ARETHA FRANKLIN'S SON . A WITNESS TOLD AUTHORITIES ... EDDIE FRANKLIN WAS BEATEN AT A GAS STATION. THREE PEOPLE WERE REPORTEDLY INVOLVED. FRANKLIN IS UNDERGOING PLASTIC SURGERY AT A LOCAL HOSPITAL.

LENGTH-01:00

ISSUE-CRIME 1

SHOW TIME-5:00

MEET CRAIG POHL-- HE OWNS NELLIE'S MARKET AND CATERING. WE'RE A SMALL BIZ WE'RE NOT A GRANDIOUS HUGE BIG HUGE COMPANY WE'RE JUST MY WIFE AND I THE POHL'S HAVE

OWNED NELLIE'S FOR SEVENTEEN YEARS-- AND IN ALL THOSE YEARS-- CRAIG SAYS HE'S NEVER BEEN THIS CLOSE TO CLOSING HIS DOORS.WE JUST GOT THE FINAL BILL WHICH IS GOING TO BE 18000 WORTH OF DAMAGE, SO IT'S BEEN <PAUSE> JUST VERY HARD ON US POHL SAYS HE CAME IN MONDAY MORNING AROUND FOUR.I SAW AIR CONDITIONING UNITS RIPPED OUT AND THROWN ON THE GROUND WHERE THEY WERE TRYING TO STRIP THEM NELLIE'S IS ONE OF ELEVEN BUSINESSES THAT HAD AIR CONDITIONING UNITS VANDLIZED OR STOLEN OVER THE LAST WEEK AND A HALF.EACH OF THESE VICTIMS HAS THOUSANDS OF DOLLARS WORTH OF DAMAGE... SOME CASES DISMANTLE THE AIR CONDITIONERS SARASOTA POLICE SAY ALL OF THE BUSINESSES THAT THIEVES HIT HAVE MULTIPLE AIR CONDITIONERS. LIKE DR. LUIS GUTIERREZ DENTAL PRACTICE. HE SAYS HE CAME IN FRIDAY TO FIND THAT ALL FOUR OF HIS A/C UNITS WERE GONE. AN A-C COMPANY INSTALLED LOANER UNITS THE SAME DAY BUT BY THE NEXT MORNING...AND BING-- CALL IN SAT-- THEY SAY DOCTOR THEY STOLE YOUR UNITS AGAIN THAT'S RIGHT-- THE THIEVES CAME BACK WITHIN TWENTY-FOUR HOURS AND STOLE THE LOANER UNITS. SARASOTA'S A VERY NICE CITY TO LIVE IN VERY SECURE AND WELL YOU KINDA LOSE SOME CONFIDENCE ON PEOPLE

LENGTH-02:22 ISSUE-HEALTH 5 SHOW TIME-5:00

LITTLE GREEN BOXES FOR ALL YOUR EXPIRED OR UNUSED LITTLE PILLS. "DROP IT IN THE BOX AND WE WILL DISPOSE OF IT PROPERLY AND MAKE SURE IT DOESN'T GET IN THE HANDS OF THE WRONG INDIVIDUALS."THE BOXES ARE LOCATED AT THE SHERIFF'S OFFICE IN BOTH NORTH AND SOUTH SARASOTA COUNTY. SHERIFF TOM KNIGHT ANNOUNCING TODAY IT'S ANOTHER STEP TO FIGHT THE PRESCRIPTION DRUG ABUSE EPIDEMIC IN OUR AREA. "I WOULD SAY THE PILL PROBLEM NOT ONLY IN SARASOTA COUNTY BUT THE STATE OF FLORIDA IS LARGER THEN WHAT THE PUBLIC KNOWS. THE PILL PROBLEM IN MY ESTIMATION IS THE NEW CRACK COCAINE."DRUGS LIKE OXYCODONE, AND XANAX NOW KILLING MORE THAN CRACK, COCAINE, AND HEROIN. ACCORDING TO THE SHERIFF'S OFFICE THE MOST RECENT NUMBERS SHOW SARASOTA COUNTY WAS NUMBER ONE IN THE STATE FOR PRESCRIPTION DRUG OVERDOSES AT 48. "THE SHERIFF SAYS THERE IS A BIG REASON WHY THEY WANT THESE UNUSED PRESCRIPTION PILLS OUT OF YOUR HOME AND INTO THESE BINS.""WE ARE SEEING PROPERTY CRIMES AND BURGLARIES WHERE PEOPLE ARE BREAKING INTO A RESIDENCE PURELY TO GO THROUGH THE MEDICINE CABINET. TO SEE IF INDIVIDUALS HAVE MEDICINES IN THEIR CABINETS."DETECTIVE DON KENNARD IS APART OF THE SHERIFF'S PHARMACEUTICAL DIVERSION INVESTIGATIVE UNIT. HE SAYS THEY'RE ON THE STREET EVERYDAY EDUCATING AND MAKING ARRESTS. "THANKFULLY WE DO HAVE SOME FORM OF A DOWNWARD TREND. THERE ARE SOME OTHER EXPLANATIONS THAT MAY COINCIDE. A LOWER POPULATION IN THE COUNTY FROM THE PREVIOUS YEAR. STILL EXTREMELY HIGH NUMBERS."THE SHERIFF ALSO ANNOUNCING THE EXPANSION OF THE UNIT TO INCLUDE A NORTH PORT POLICE DEPARTMENT DETECTIVE. NEEDED HELP. HE NOW SAYS AROUND 75-PERCENT OF THOSE INCARCERATED BY HIS DEPARTMENT ARE FOR SOME FORM OF SUBSTANCE ABUSE. WE ARE MAKING GREAT PROGRESS BUT WE STILL HAVE SOME SIGNIFICANT CHALLENGES AND PROBLEMS AHEAD OF US."

LENGTH-00:39 ISSUE-CRIME 1 SHOW TIME-11:00

A SUNCOAST MOM IS FACING CHARGES TONIGHT FOR ENCOURAGING A FIGHT BETWEEN HER DAUGHTER AND ANOTHER TEEN...APRIL NEWCOMB IS CHARGED WITH CHILD ABUSE. MANATEE COUNTY DEPUTIES SAY SHE STOOD BY WHILE HER TEENAGE DAUGHTER FOUGHT ANOTHER GIRL ON SEPTEMBER 17TH...HERE'S A SHOT OF NEWCOMB STANDING-- WATCHING WITH A GROUP OF SPECTATORS WHILE THE GIRLS FOUGHT...THIS VIDEO OF THE FIGHT WAS POSTED TO YOUTUBE. ACCORDING TO POLICE REPORTS -- NEWCOMB CAN BE HEARD ON THE VIDEO ENCOURAGING HER DAUGHTER TO BEAT THE OTHER GIRL. NEWCOMB LATER TOLD INVESTIGATORS SHE SHOWED UP AT THE FIGHT BECAUSE SHE DIDN'T WANT HER DAUGHTER TO GET HURT, ESPECIALLY BECAUSE SHE'D SUSTAINED A SKULL FRACTURE IN AN INCIDENT TWO YEARS AGO.

SEPTEMBER 23, 2010

LENGTH-01:06 ISSUE-CRIME 1 SHOW TIME-12:00

CERTAINLY, FOR YOUR DAY IN COURT, YOU HAVE TO LOOK GOOD. AT LEAST, THAT'S WHAT IT SEEMED LIKE WEDNESDAY FOR MARIA CHRYSOON, A.K.A: THE BOTOX BANDIT. THE STRIKING BRUNETTE, LAUGHING AND CHATTING IN A MIAMI-DADE COURTROOM, SEEMINGLY KNOWING HER "COSMETIC CRIMES" PAST WAS ALMOST BEHIND HER. "I FEEL RELIEVED THAT FINALLY IM GOING TO ABLE TO START GETTING MY LIFE BACK IN ORDER AND JUST TAKE THE NEXT STEP." A WOMAN OF FEW WORDS, MARIA COPPING A PLEA WITH PROSECUTORS, DECLARING NO CONTEST TO ONE COUNT OF THIRD DEGREE FELONY GRAND THEFT. THE 29 YEAR OLD ORIGINALLY CHARGED WITH BASICALLY LOOTING SOME 5 THOUSAND DOLLARS WORTH OF BOTOX AND COSMETIC PROCEDURES FROM TWO MIAMI-DADE CLINICS. "WELL, I'VE HAD CLIENTS STEAL ALL SORTS OF THINGS, BUT I THINK SORT OF THE BOTOX THING IS A RECENT PHENOMENON, SO IT HASN'T BEEN AROUND...SORT OF A UNIQUE SITUATION." "THATS IT, YAY!" HER MONITORING ANKLE BRACELET ALSO REMOVED, AFTER 6 WEEKS OF HOUSE ARREST. NOW, SHE'LL SERVE 2 YEARS PROBATION, DO 100 HOURS OF COMMUNITY SERVICE AND GIVE A 500 DOLLAR DONATION TO KRISTI HOUSE-BUT IN THE END, NO REAL JAIL TIME AND NO FELONY CONVICTION ON HER RECORD. ASKED WHY SHE DID IT, HER LAWYER ANSWERED FOR HER: "WELL, EVERYBODY WANTS TO LOOK FABULOUS!" CHRYSOON STILL HAS ANOTHER CASE PENDING IN BROWARD COUNTY, WHERE SHE IS ALSO CHARGED WITH GETTING BOTOX AND NOT PAYING FOR IT. SHE'S ALREADY PLEDGED NOT GUILTY IN THAT CASE.

LENGTH-01:14 ISSUE-HEALTH 5 SHOW TIME-12:00

LASIK SURGERY PROMISES A CHANCE AT 20/20 VISION. BUT A FORMER FDA OFFICIAL SAYS HINDSIGHT IS WHAT'S REALLY 20/20. "KNOWING WHAT YOU KNOW NOW, WOULD YOU EVER RECOMMEND LASIK TO SOMEBODY YOU CARE ABOUT?" "NO ABSOLUTELY NOT." **DOCTOR

MORRIS WAXLER WAS PART OF THE FDA TEAM THAT GREENLIGHTED LASIK SURGERY IN 1995. BUT THEN HE SAYS HE STARTED HEARING ABOUT DEVASTATING SIDE EFFECTS. SO TODAY HE ASKED HIS FORMER EMPLOYER TO ISSUE STRONG WARNINGS ABOUT LASIK. "I THINK PEOPLE DON'T UNDERSTAND THIS IS NOT LIKE GETTING YOUR NAILS DONE. IT'S NOT LIKE GETTING A CURLER IN YOUR HAIR." IN LASIK, A THIN FLAP OF THE OUTER CORNEA IS LIFTED OUT OF THE WAY. THEN A LASER FLATTENS THE INNER CORNEA. CRITICS SAY THAT COMPROMISED CORNEA CAN DEVELOP MICROSCOPIC SCAR TISSUE AND CAUSE VISION PROBLEMS. "HERE'S WHAT I LOOK LIKE TO SOMEBODY WITH NORMAL EYES. / NOW HERE'S THE HALO EFFECT THAT MANY LASIK PATIENTS SEE. / STARBURSTS LIKE THIS ARE ANOTHER COMMON SIDE EFFECT. / WORST OF ALL, SOME LASIK PATIENTS ACTUALLY EXPERIENCE BLURRED VISION." **ACCORDING TO WAXLER'S ANALYSIS OF FDA DATA, HALF OF LASIK PATIENTS EXPERIENCE SIDE EFFECTS AND MORE THAN A THIRD CONTINUE TO NEED GLASSES OR CONTACTS. "MY VISION FLUCTUATES VERY FREQUENTLY AND I HAVE TO HAVE NEW GLASSES CONSTANTLY." **THE INDUSTRY COUNTERS THAT MOST LASIK SIDE EFFECTS ARE MINOR OR TEMPORARY AND THAT COMPLICATIONS ARE MUCH LOWER WITH TODAY'S MODERN LASIK. NEVERTHELESS, THE FDA IS NOW REVIEWING THE PROCEDURE.

LENGTH-00:23 ISSUE-CRIME 1 SHOW TIME-5:00

A HOSPICE WORKER IS BUSTED FOR STEALING THE JEWELRY OF A DYING ELDERLY WOMAN. HILLSBOROUGH COUNTY SHERIFF'S DETECTIVES SAY 27-YEAR-OLD JASON RUSSELL WENT TO THE 92-YEAR OLD WOMAN'S HOME.. TO DELIVER MEDICAL SUPPLIES.. THAT'S WHERE INVESTIGATORS SAY THE LIFEPATH HOSPICE WORKER STOLE 22 PIECES OF JEWELRY... INCLUDING THE WOMAN'S WEDDING RING. RUSSELL ADMITTED TO THE THEFT AND ALL OF THE WOMAN'S JEWELRY HAS BEEN RETURNED..

SEPTEMBER 24, 2010

LENGTH-00:18 ISSUE-DRUGS 11 SHOW TIME-SUNRISE

DEPUTIES NAB TWO DRUG DEALERS... ONE WHO BROUGHT HER 3-YEAR-OLD DAUGHTER TO THE SALE. 21-YEAR OLD JACOB DUNN AND 22-YEAR-OLD JENNIFER LOVELL ... ARRESTED WEDNESDAY DURING AN UNDERCOVER DRUG BUY. IN ADDITION TO DRUG CHARGES...THE TWO ALSO FACE CHILD NEGLECT CHARGES.

LENGTH-00:25 ISSUE-CRIME 1 SHOW TIME-SUNRISE

A BIZARRE THEFT IN FORT MYERS IS LEAVING A STING...SOMEONE STOLE TWELVE ACTIVE BEE HIVES...AND THEIR WINGED OCCUPANTS. BEE KEEPER NINO -VAN SANTOS SAYS...HIS BEE COMPANY HAS ONLY BEEN AROUND FOR A FEW MONTHS. HE'D HOPED TO ONE DAY ... PRODUCE HONEY AND MAKE SOME SWEET DOUGH. NOW, SANTOS JUST HOPES WHOEVER STOLE HIS HIVES AND BEES WILL BRING THEM ALL BACK... SO HIS BUSINESS CAN BE BUZZING ONCE AGAIN.

LENGTH-00:45 ISSUE-CRIME 1 SHOW TIME-12:00

WE FIRST HAVE BREAKING NEWS FOR YOU OUT OF SOUTH FLORIDA.... WHERE POLICE ARE TRYING TO TALK DOWN A SUSPECT ... WHO'S HOLDING POSSIBLE HOSTAGES AT A BANK OF AMERICA IN MIAMI ... THE SITUATION STARTED A COUPLE OF HOURS AGO ... RIGHT NOW OFFICIALS SAY THE ROBBER MAY BE HOLDING THE HOSTAGES AND POSSIBLY A BOMB ... AT THE BANK NEAR THE UNIVERSITY OF MIAMI ... HOSTAGE NEGOTIATORS ARE AT THE BANK ... ALONG WITH THE FBI AND THE MIAMI-DADE COUNTY BOMB SQUAD. THE UNIVERSITY SENT AN ALERT TO STUDENTS ... WARNING THEM TO STAY AWAY FROM THE AREA NEAR THE BANK. AND SOME ELEMENTARY SCHOOLS IN THE AREA HAVE BEEN LOCKED DOWN AS A PRECAUTION ...ROADS ARE ALSO CLOSED IN THE AREA. WE'LL KEEP YOU UPDATED ON THIS STORY, AS ANY NEWS BREAKS ...

LENGTH-00:27 ISSUE-CRIME 1 SHOW TIME-5:00

SARASOTA COUNTY INVESTIGATORS HOPE SOMEONE RECOGNIZES THE MAN IN SOME NEW SURVEILLANCE PHOTOS.. TAKE A LOOK.. SHERIFF'S DEPUTIES SAY HE'S USING STOLEN CREDIT CARDS IN AREA PHARMACIES.. THE CARDS WERE TAKEN FROM TWO SEPARATE THEFTS EARLIER THIS MONTH.. WHEN SOMEONE SMASHED OUT THE WINDOWS OF VEHICLES AND STOLE THE VICTIM'S PURSES.. THE SHERIFF'S OFFICE AND SARASOTA POLICE ARE NOW TRYING TO FIND THIS MAN..

SEPTEMBER 25, 2010

LENGTH-00:44 ISSUE-CRIME 1 SHOW TIME-LATE

AUTHORITIES IN NEW JERSEY SAY A 19-YEAR-OLD SETON HALL UNIVERSITY STUDENT HAS DIED AFTER AN OVERNIGHT SHOOTING THAT INJURED FOUR OTHER PEOPLE AT A PRIVATE COLLEGE PARTY. ESSEX COUNTY OFFICIALS SAY JESSICA MOORE DIED FROM HER INJURIES AROUND 3:20 TODAY ...MOORE WAS HOSPITALIZED IN CRITICAL CONDITION AFTER THE

SHOOTING JUST AFTER MIDNIGHT. POLICE SAY THE SHOOTER WAS A MAN WHO WAS DENIED ACCESS TO THE PARTY THEN LEFT AND RETURNED WITH A HANDGUN. POLICE SAY IN ADDITION TO MOORE, FOUR OTHERS, WERE HOSPITALIZED WITH NON-LIFE-THREATENING INJURIES. ONE HAS SINCE BEEN RELEASED. TONIGHT, THE SHOOTER STILL REMAINS AT LARGE. OFFICIALS IN NEW JERSEY ARE OFFERING A 10 THOUSAND DOLLAR REWARD FOR INFORMATION LEADING TO THE SUSPECT'S CAPTURE.

SEPTEMBER 26, 2010

LENGTH-01:15 ISSUE-CRIME 1 SHOW TIME-EARLY

ONCE A BOMB SQUAD SAYS THE SCENE IS SAFE, A 1998 RED FORD MUSTANG IS ON ITS WAY TO THE FBI. SATURDAY AFTERNOON, THE CAR IS FOUND AT THE RIVIERA ISLES APARTMENTS IN CORAL GABLES. IT'S VERY IMPORTANT. I MEAN, YOU KNOW, WE MIGHT FIND SOME EVIDENCE THAT WILL LEAD US DIRECTLY TO THE SUBJECTS.THE FBI AND CORAL GABLES POLICE SAY THE MUSTANG BELONGS TO THE VICTIM OF FRIDAY'S ROBBERY AT THE CORAL GABLES BANK OF AMERICA IN THE 15-HUNDRED BLOCK OF SOUTH DIXIE HIGHWAY. BANK EMPLOYEE DIEGO USCAMAYTA WAS ESCORTED OUT OF THE BANK FRIDAY AFTERNOON BY POLICE. HE TELLS POLICE HE WAS ABDUCTED FROM HIS KENDALL APARTMENT BY ARMED MEN, HAD AN EXPLOSIVE STRAPPED TO HIM, WAS TAKEN TO THE BANK IN HIS MUSTANG AND WAS FORCED TO HAND OVER CASH TO ROBBERS.IT'S TERRIFYING. THERE ARE SO MANY FAMILIES WHO LIVE AROUND HERE. SO MANY STUDENTS WHO LIVE HERE. IT DOESN'T FEEL SAFE.WHEN USCAMAYTA'S CAR WAS FOUND SATURDAY AT THE APARTMENT COMPLEX, RESIDENTS WERE EVACUATED AND THE MIAMI-DADE BOMB SQUAD WAS CALLED IN AS A PRECAUTION. THE APARTMENT BUILDING IS ONLY A HALF MILE DRIVE FROM THE BANK. I JUST DID MY JOB AS A CITIZEN.RIVIERA ISLES RESIDENT ZINGLLES SOUSA SPOTTED THE MUSTANG AND TIPPED OFF POLICE.THERE IS NOTHING TO BE PROUD OF. I MEAN, I HOPE IT DID HELP THEM.THE FBI SAYS IT DOES HELP. THE CAR WILL BE COMBED OVER FOR CLUES TO HELP CATCH THE ROBBERS. THE FBI ALSO RETURNED TO USCAMAYTA'S APARTMENT SATURDAY TO ASK FOLLOW UP QUESTIONS. A SEVEN NEWS SOURCE SAYS THE BANK EMPLOYEE WAS INTERVIEWED AS A SUSPECT IN THE ROBBERY, BUT THE FBI RELEASED HIM FRIDAY NIGHT AND CLEARED HIM.HE WAS INTERVIEWED THOROUGHLY LAST NIGHT BY CORAL GABLES AND BY FBI, AND HE IS A VICTIM.

LENGTH-00:49 ISSUE-CRIME 1 SHOW TIME-LATE

SARASOTA POLICE OFFICERS HAVE TURNED UP THE HEAT... AND CAUGHT TWO MEN THEY SAY ARE BEHIND A STRING OF AIR CONDITIONING THEFTS. OFFICERS SAY FOR A FEW WEEKS NOW... THERE HAVE BEEN AT LEAST TWELVE THEFTS INVOLVING A-C UNITS BEING STOLEN AND DISMANTLED IN THE CITY OF SARASOTA...RESULTING IN THOUSANDS OF DOLLARS IN DAMAGE. OFFICERS BEGAN THEIR INVESTIGATION... CHECKING SCRAP YARDS IN THE AREA... THAT IS HOW THEY SAY THEY CAME UP WITH THEIR SUSPECTS. HOWARD BRADLEY THE THIRD... AND KYLE CRITCHFIELD. WHILE INVESTIGATING THEM... OFFICERS SAY THEY

CAUGHT THE CROOKS RED HANDED... WITH FOUR AIR CONDITIONING COILS TAKEN FROM A NEARBY SHOPPING CENTER. BRADLEY FACES SEVERAL COUNTS OF BURGLARY AND DEALING IN STOLEN PROPERTY. CRITCHFIELD IS CHARGED WITH DRIVING WITH A SUSPENDED LICENSE, 2 COUNTS OF DEALING IN STOLEN PROPERTY, AND GRAND THEFT. MORE CHARGES ARE EXPECTED IN THIS CASE.

SEPTEMBER 27, 2010

LENGTH-00:59 ISSUE-HEALTH 5 SHOW TIME-SUNRISE

MORE THAN A THOUSAND PEOPLE CAME OUT TO WALK. EACH WITH A STORY AS TO WHY THEY ARE HERE...SOME HAVE FRIENDS OR FAMILY MEMBERS WITH HEART DISEASE... OTHERS HAVE BATTLED IT THEMSELVES. LIKE DAVID THEI... HE WALKS TODAY WITH HIS TWO DOCTORS AS WAY TO SHOW HIS APPRECIATION TO THE STAFF THAT SAVED HIS LIFE. TO SUPPORT THE VENICE OCALA HEART INSTITUTE AND THE VENICE REGIONAL HOSPITAL CAUSE THAT'S WHERE I HAD MY OPERATION PLUS I REHABED AT VENICE REGIONAL. HIS DOCTORS WALK TO RAISE AWARENESS OF CARDIOVASCULAR DISEASE...IT CAN AFFECT EVERYONE... FROM YOUNG TO OLD. EVERYBODY WANTS TO PREVENT THE DISEASE IF THEY CAN BUT WE'RE HERE TO TELL PEOPLE IF THEY GET TO THE POINT IF ITS NOT PREVENTABLE OR THEY'VE GOTTEN FAR ALONG THEN WE HAVE THE TOOLS AND THE ABILITY TO HANDLE CORRECTION OF THOSE PROBLEMS. THE AMERICAN HEART ASSOCIATION SAYS EVERY STEP A PERSON TAKES... CAN REDUCE THEIR RISK OF HEART DISEASE. GETTING OUT AND EXERCISING WILL HELP YOU LIVE LONGER... EVEN COMPANIES ARE MAKING SURE THEIR EMPLOYEES KNOW HOW TO KEEP THEIR HEART HEALTHY... OUR COMPANY IS ONE OF THE FIVE COMPANIES IN THE SARASOTA MANATEE AREA WHO'S ACTUALLY TAKING ON TO BE A FIT FRIENDLY WORK PLACE. ANYWONE CAN DO IT... JUST START WALKING....

LENGTH00:33 ISSUE-CRIME 1 SHOW TIME-SUNRISE

A BRADENTON MAN WHO CRASHED HIS SCOOTER AFTER TOO MANY DRINKS... IS NOW SUING THE BAR THAT SERVED HIM. 73-YEAR-OLD JOHN WASKO FILED A LAWSUIT THIS WEEK AGAINST THE OASIS, SAYING THE BAR SHOULD HAVE STOPPED GIVING HIM DRINKS. HE WANTS MORE THAN \$15-THOUSAND DOLLARS IN COMPENSATION. BAR OWNER BRENDA CAYS SAID SHE'S UNAWARE OF THE LAWSUIT BUT THAT HER STAFF STOPS SERVING WHEN NECESSARY. THE SUIT COMES FROM A JANUARY 18TH INCIDENT. WASKO WAS RIDING HOME ON HIS SCOOTER WHEN HE WAS STRUCK BY A VEHICLE. BRADENTON POLICE CITED HIM FOR "WALKING IN THE PATH OF A VEHICLE."

LENGTH-00:54 ISSUE-HEALTH 5 SHOW TIME-12:00

THE FDA MAY HAVE GIVEN MULTIPLE SCLEROSIS SUFFERERS A LITTLE RELIEF THIS WEEK... -IN THE FORM OF A PILL. THIS IS THE FIRST PILL APPROVED TO TREAT MS, A NERVOUS SYSTEM DISORDER ... AFFECTING NEARLY FOUR HUNDRED THOUSAND PEOPLE IN THE U.S. THIS NEW PILL IS DESIGNED TO REDUCE RELAPSES IN MS SYMPTOMS LIKE LOST BALANCE OR MOVEMENT PROBLEMS. OFFICIALS SAY THE ORAL MEDICATION MAY BE ANOTHER OPTION FOR PATIENTS WHO ARE NOT TOLERATING THEIR CURRENT TREATMENT ... OR FOR PATIENTS NOT CURRENTLY SEEING A BENEFIT. HOWEVER HE SUGGESTS IF YOU HAVE MEDS THAT WORK.... STICK WITH THEM, AT LEAST FOR NOW."WE UNDERSTAND MANY PEOPLE DON'T LIKE INJECTIONS AND THEY'RE GOING TO BE TEMPTED TO SWITCH, BUT WHAT WE'RE ADVISING IS THAT IF PEOPLE ARE DOING WELL ON THEIR CURRENT MEDICATIONS, THAT THEY ALLOW US TO GET SOME EXPERIENCE WITH IT BEFORE THEY SWITCH." EXPERTS EXPECT THE MS PILL TO BE AVAILABLE WITHIN THE NEXT 1-2 MONTHS.

LENGTH-00:33 ISSUE-CRIME 1 SHOW TIME-5:00

SOUTH FLORIDA POLICE ARE INVESTIGATING AN APPARENT MURDER-SUICIDE.. THAT LEFT HALF A DOZEN PEOPLE DEAD. IT HAPPENED IN RIVIERA BEACH, THAT'S ABOUT AN HOUR NORTH OF FORT LAUDERDALE. POLICE SAY A MAN KILLED HIS ESTRANGED WIFE.. AND THEIR FOUR STEPCHILDREN.. AGES 11 TO 14.. BEFORE TAKING HIS OWN LIFE.. "A TRAGIC AND HORRIFIC SCENE, IF YOU CAN IMAGINE 4 KIDS KILLED AND A MOTHER KILLED, SO THOSE OFFICERS HAD A DIFFICULT TIME WHEN THEY WENT IN." A 15-YEAR-OLD SURVIVED AND WAS TAKEN TO A NEARBY HOSPITAL. THE SHOOTER IS IDENTIFIED AS PATRICK DELL. POLICE SAY DELL SPARED THE LIVES OF HIS TWO BIOLOGICAL CHILDREN..

LENGTH-01:28 ISSUE-HEALTH 5 SHOW TIME-5:00

MOST OF US LEAD BUSY LIVES AND CHANCES ARE THAT SOMETIMES, YOU HAVE TO EAT ON THE RUN -- AND IN AMERICA -- THAT MEANS FAST FOOD. BUT HOW DO YOU DO IT AND STAY HEALTHY? WELL WE BROUGHT IN DR. ALLEN DOLLAR FROM EMORY UNIVERSITY AND CHIEF CARDIOLOGIST AT GRADY. I MEAN, THIS IS A PLACE WHERE MILLIONS OF AMERICANS EAT EVERYDAY BECAUSE WE HAVE TO. SO WHAT KINDS OF THINGS COULD YOU EAT IN A PLACE LIKE THIS? WELL YOU COULD LOOK AT THINGS LIKE FRESH FRUITS, SALADS. WHEN YOU TALK ABOUT SALADS, WHAT ABOUT ALL THAT FRIED CHICKEN YOU PUT ON THERE? WELL THE FRIED CHICKEN'S A LITTLE BIT OF A PROBLEM BUT TO BE HONEST WITH YOU THE BIGGEST PROBLEM IS DRESSING SO WHEN YOU ASK FOR DRESSING YOU WANT TO ASK FOR THE LOW CALORIE VERSION. IS THERE REALLY ANY DIFFERENCE BETWEEN GETTING A BURGER OR GOING FOR GRILLED CHICKEN? PROBABLY THE AMOUNT OF FAT AND THE TYPE

OF FAT IN POULTRY IS A LITTLE BIT HEALTHIER. BUT AGAIN A LOT OF THESE CHOICES HAVE TO DO WITH THE NUMBER OF CALORIES. SO IF YOU ARE GOING TO GET A HAMBURGER YOU MIGHT WANT TO LEAVE OFF HALF THE BUN. FRENCH FRIES ARE ONE OF THOSE FOODS THAT HAVE A LOT OF CALORIES AND NOT A LOT OF NUTRITIONAL VALUE. SO I'D RECOMMEND EITHER NOT GETTING THEM OR SHARING THEM WITH A FRIEND. SO WE'RE TALKING A LOT ABOUT FOOD. BUT WHAT ABOUT WHAT YOU DRINK? MY RULE OF THUMB IS THAT IN GENERAL, MOST OF YOUR BEVERAGES SHOULDN'T HAVE CALORIES. YOU CAN MAKE CHOICES FOR A DIET SODA, BUT REGULAR SODAS ARE JUST LOADED WITH SUGAR AS ARE FRUIT JUICES ACTUALLY. LOOK FOR THINGS THAT ARE LESS PROCESSED. VEGETABLES, MAYBE A BAKED POTATO. HUMAN BEINGS HAVE A PREDILECTION FOR SUGAR, FAT AND SALT. AND THE MORE SUGAR, FAT AND SALT THAT THEY CAN PUT INTO A PRODUCT THE MORE PEOPLE WILL BUY THEM SO THERE'S NOT A LOT OF INCENTIVE TO SELL HEALTHY FOODS UNLESS CUSTOMERS DEMAND IT FOR HEALTH REASONS. THIS MAY ALL SEEM LIKE COMFORT FOOD BUT IT'S GOING TO FEEL UNCOMFORTABLE IF YOU END UP WITH EXTRA POUNDS .

SEPTEMBER 28, 2010

LENGTH-00:34 ISSUE-CRIME 1 SHOW TIME-12:00

THIS LATEST SHOOTING FOLLOWS A SIMILAR INCIDENT IN RIVER BEACH -- WHERE POLICE ARRIVED ON THE SCENE YESTERDAY ... TO FIND THAT PATRICK DELL HAD KILLED HIS ESTRANGED WIFE AND FOUR STEPCHILDREN ... AND THEN TURNED THE GUN ON HIMSELF. INVESTIGATORS NOW SAY DELL HAD THREATENED HIS WIFE BEFORE. ACCORDING TO REPORTS, NATASHA WHYTE-DELL ... HAD A RESTRAINING ORDER AGAINST HER HUSBAND FOR AN INCIDENT WHERE HE WAS ACCUSED OF GOING AFTER HER WITH A KNIFE. DELL'S TWO BIOLOGICAL CHILDREN WERE SPARED FROM THE SHOOTING. AND A 15-YEAR-OLD IS BEING TREATED AT THE HOSPITAL.

LENGTH-00:39 ISSUE-HEALTH 5 SHOW TIME-12:00

WHILE MONEY CAN'T BUY YOU JOY, PEOPLE WITH GOOD INCOMES ARE MORE LIKELY TO BE HAPPY WITH THEIR LOT IN LIFE. 1 IT'S NOT THE FIRST STUDY TO SHOW A CORRELATION BETWEEN HAPPINESS AND MONEY, BUT IT'S THE FIRST TO DO IT ON SUCH A GRAND SCALE. THE GALLUP WORLD POLL, WHICH TOOK PLACE IN 2005 AND 2006, INCLUDED MORE THAN 136,000 PEOPLE IN 132 COUNTRIES. 1,2 PEOPLE WHO HAD HIGHER INCOMES WERE MORE LIKELY TO SAY THEY WERE HAPPY WITH THEIR STANDARD OF LIVING. 1, 2 YET A KEY ELEMENT OF WHAT MANY PEOPLE CONSIDER HAPPINESS---POSITIVE FEELINGS-IS MUCH MORE STRONGLY AFFECTED BY FEELING RESPECTED, BEING IN CONTROL OF YOUR LIFE AND HAVING FRIENDS AND FAMILY TO COUNT ON. 1, 2 AND WHETHER YOU LIVE IN COSTA RICA

OR CHICAGO, YOU SHARE THE SAME STANDARD OF WHAT MAKES A GOOD LIFE. YOUNG OR OLD, MALE OR FEMALE, EVERYONE PLACED A MODEST VALUE ON MONEY AND MATERIAL PROSPERITY.

LENGTH-00:06 ISSUE-WOMEN 8 SHOW TIME-12:00

YES--THE PAY GAP FOR FEMALE MANAGERS IS SHRINKING. FINALLY. BUT ONLY, BY 2 CENTS, FROM 2000 TO 2007. KEYABLE CENTS FOR EVERY DOLLAR EARNED BY THEIR MALE MANAGER COUNTERPARTS--COMPARED TO 79 CENTS BEFORE 2000. WHAT IS MOST STARTLING TO ME IS HOW LITTLE PROGRESS WE'VE MADE EVEN THOUGH THERE'S A BRIGHT SPOT IN THAT MORE WOMEN ARE GAINING EDUCATION, WE'RE CLOSING THE EDUCATION GAP BUT WE'RE NOT CLOSING THE PAY GAP THAT LIMITED PROGRESS IS JUST ONE OF THE ISSUES CONGRESSWOMAN CAROLYN MALONEY IS INVESTIGATING IN HEARINGS ON CAPITOL HILL TODAY... EVEN MORE STARK--THE FATE OF MANAGER MOMS. THEY STILL ONLY EARN 79 CENTS FOR EVERY DOLLAR EARNED BY MANAGER DADS- NO SURPRISE THEN, ACCORDING TO THE REPORT, THAT FEMALE MANAGERS HAVE ONLY MOVED FROM 39 PERCENT TO 40 PERCENT OF THE MANAGEMENT WORKFORCE. AND THAT WHEN THEY REACH THAT LEVEL-- ARE LESS LIKELY TO HAVE CHILDREN--OR GET MARRIED THAN MEN. IT'S NEWS THAT SEEMS TO FIGHT THE RECENT HEADLINES-- WOMEN ARE GETTING MORE COLLEGE AND GRADUATE DEGREES--BECOMING THE MAJORITY OF THE WORKFORCE--...CONTROLLING CONSUMER SPENDING---- OUTEARNING HUSBANDS. ALL WHILE MEN SEEM TO BE...LOSING JOBS.. AND MOMENTUM. WOMEN ARE MAJOR CONTRIBUTORS TO THE ECONOMY, THEY MAKE MAJOR CONSUMER DECISIONS SO THE PREJUDICES THAT EXIST ARE BASED ON IDEAS THAT EXIST FROM ANOTHER TIME ANOTHER TIME, ANOTHER KIND OF ECONOMY, ANOTHER TYPE OF FAMILY LIFE THAT DON'T EXIST TODAY.

LENGTH-00:24 ISSUE-CRIME 1 SHOW TIME-5:00

FOR FOUR OF THE PAST FIVE YEARS... FLORIDA HAS LED THE NATION IN PREJUDICE-MOTIVATED ATTACKS AGAINST THE HOMELESS...STARTING FRIDAY.. THESE ATTACKS WILL BE CONSIDERED HATE CRIMES.. ADVOCATES SAY THEY'RE UNSURE THE LAW WILL DO ANY GOOD. THE NATIONAL COALITION FOR THE HOMELESS WANTS THE FEDERAL GOVERNMENT TO BEGIN COLLECTING DATA TO HELP DETERMINE WHAT WILL WORK. A SENATE SUBCOMMITTEE IS SCHEDULED TO HEAR TESTIMONY ON THAT ISSUE TOMORROW..

SEPTEMBER 29, 2010

LENGTH-01:11 ISSUE-CRIME 1 SHOW TIME-SUNRISE

IN PARIS TUESDAY NIGHT, OFFICIALS EVACUATED THE EIFFEL TOWER AFTER A CALLER FROM A PHONE BOOTH ISSUED A THREAT. IT WAS A FALSE ALARM, BUT THE SECOND EVACUATION IN JUST TWO WEEKS. NOW THERE IS A NEW EXPLANATION FOR ALL OF THE CAUTION. A SENIOR U-S OFFICIAL TELLS ABC NEWS THERE IS A CREDIBLE THREAT OF A MAJOR SERIES OF NEW TERROR ATTACKS ON BRITAIN, FRANCE, GERMANY, AND POSSIBLY THE UNITED STATES. THE INFORMATION COMES AFTER QUESTIONING A CAPTURED, SUSPECTED GERMAN JIHADIST, WHO REPORTEDLY CLAIMED OSAMA BIN LADEN PERSONALLY APPROVED THE PLOT. "THE AMERICAN AUTHORITIES ARE EXTREMELY NERVOUS ABOUT WHAT IS GOING ON. THE GERMANS ARE EXTREMELY NERVOUS ABOUT WHAT IS GOING ON." OFFICIALS ARE NOW LOOKING FOR OTHER RADICALIZED GERMANS WHO MAY HAVE BEEN TRAINING IN PAKISTAN FOR A COMMANDO-STYLE RAID SIMILAR TO THE ATTACK ON HOTELS IN MUMBAI, INDIA TWO YEARS AGO. OFFICIALS SAY THEY DO NOT KNOW DETAILS OF A SPECIFIC TIME OR PLACE OF THE ATTACK. BUT JUST LAST WEEK, THE HEAD OF THE FBI TESTIFIED ON CAPITOL HILL ABOUT INCREASED WORRIES OF NON-SPECIFIC NEW THREATS. "DESPITE THE SIGNIFICANT COUNTER-TERRORISM PRESSURE ABROAD, AL QAEDA CONTINUES TO BE COMMITTED TO HIGH PROFILE ATTACKS DIRECTED AT THE WEST, INCLUDING PLANS AGAINST EUROPE AS WELL AS THE HOMELAND." GERMAN OFFICIALS SAY SOME OF THE RECRUITS THEY'RE SEEKING WERE FROM THE SAME MOSQUE WHERE 9/11 HIJACKERS GATHERED. OFFICIALS CLOSED THE MOSQUE LAST MONTH AFTER LEARNING OF THE PLOT.

LENGTH-01:38 ISSUE-HEALTH 5 SHOW TIME-SUNRISE

TAKE A LOOK AT THIS SOIL. IT'S RICH IN ORGANIC MATTER. IT'S PERFECT FOR GROWING ORGANIC PRODUCTS AND THAT'S EXACTLY WHAT DAN HOWARD IS DOING BACK THERE. HE'S PUTTING IN HIS FIRST CROP OF GREEN BEANS." HOWARD HAS SEVEN ACRES HERE. HE'LL GET ABOUT 14 HUNDRED BUSHEL OF BEANS. "I IMAGINE WHEN YOU'RE FARMING ORGANICALLY, SOIL PREPARATION IS PRETTY KEY?" "OH. VERY IMPORTANT. IN FACT, THE WORLD OF ORGANIC FARMING IS SOIL BUILDING. IT'S CONSTANT EFFORT TO INCREASE THE ORGANIC MATTER IN YOUR SOIL." BEFORE BEANS, THIS FIELD WAS FOR DECADES AN ORANGE GROVE. IT'S FILLED, HOWARD SAYS, WITH THE LEFT BEHIND ORGANIC MATTER. BUT IT TAKES MORE THAN JUST GOOD SOIL TO LABEL A PRODUCT ORGANIC. "THEY'RE GETTING A CROP THAT IS GROWN NATURALLY WITHOUT THE USE OF CHEMICALS, CHEMICAL FERTILIZERS OR CHEMICAL SPRAYS INPUTS AND THAT'S IT IN A NUTSHELL." "DAN'S ORGANIC BEANS WILL START SHOWING UP IN SUPERMARKETS JUST IN TIME FOR THANKSGIVING. BECAUSE OF HIGHER LABOR COSTS FROM HAND WEEDING AND RESTRICTIONS IN WHAT DAN CAN USE TO CONTROL PESTS, HIS BEANS WILL COST A LOT MORE. "YOU'VE GOT A POUND AND A HALF OF GREEN BEANS HERE AND YOU'VE GOT 12 OUNCES OF BEANS HERE AND THESE ARE 1.96 AND THESE ARE 4.99. THAT'S A BIG DIFFERENCE." "IT IS A BIG DIFFERENCE AND THAT'S THE LIMITATION FOR A LOT OF PEOPLE TO BUY ORGANIC. " WE WENT WITH SONIA ANGEL, A LICENSED DIETITIAN, TO A LOCAL PUBLIX SUPERMARKET. "NOW IN TERMS OF NUTRIENTS, THERE ISN'T REALLY A SIGNIFICANT DIFFERENCE BETWEEN THE NUTRIENTS OF BUYING ORGANIC OR NON-ORGANIC BUT IT'S THE FACT THAT THESE ARE SAFER BECAUSE THEY DON'T HAVE THE PESTICIDES IN THEM. THAT'S THE BIG DIFFERENCE." IF YOU WANT ORGANIC BUT BUDGET IS A LIMITING FACTOR, SONIA'S TIP: ---BUY SPINACH, BLUEBERRIES, STRAWBERRIES, TOMATOES AND OTHER FRUITS AND VEGETABLES YOU DON'T PEEL. "THE ONES THAT YOU PEEL, NOT SO IMPORTANT." "LIKE

BANANAS?" "LIKE BANANAS." "YOU DON'T HAVE TO WORRY ABOUT, SO MUCH, THE PESTICIDES ON THE BANANAS BECAUSE YOU'RE PEELING THE SKIN?" "YOU'RE PEELING THEM OFF. CORRECT." IF YOU'RE WONDERING ABOUT FLAVOR. WE HAD PUBLIX CHEF BILL MITCHELL SAUTEE ORGANIC BEANS AND CONVENTIONALLY GROWN BEANS. YOU SHOULD TRY A TASTE TEST TOO. I'LL KEEP MY OPINION TO MYSELF.

LENGTH-01:05 ISSUE-HEALTH 5 SHOW TIME-5:00

WHY DID IT HURT? NOW I'M GETTING MINE THANKS CAROL AND TERRELL HART GET A FLU SHOT EVERY YEAR."BECAUSE IT JUST MAKES GOOD SENSE. WE'RE SCARED WE'LL GET THE FLU. I HAVE HAD THE FLU AND IT'S A SERIOUS MATTER." EVERY YEAR THE CDC DEVISES A SEASONAL VACCINE AGAINST THE THREE MOST PREVALENT TYPES OF FLU. THE HART'S HAPPY THIS YEAR'S VACCINE INCORPORATES PROTECTION FROM THE 2009 H1N1 STRAIN. ALSO NEW THIS YEAR, A HIGH DOSE FLUZONE VACCINE FOR SENIORS 65 AND OLDER, WHICH CONTAINS A HIGHER DOSE OF THE ANTIGEN. THE CDC IS ALSO RECOMMENDING THAT EVERYONE 6 MONTHS AND OLDER GET VACCINATED.COUNTY HEALTH OFFICIALS SAY EVERY FLU SEASON IS DIFFERENT, AND THEY WANT PEOPLE TO BE PREPARED."FOR US IN SARASOTA WE MAY NOT PEAK UNTIL MORE LIKE AFTER THE FIRST OF THE YEAR THROUGH APRIL, BUT EVERYONE NEEDS TO TAKE THIS TIME TO GET PROTECTED." THE ONE TIME DRIVE THRU DISTRIBUTION IS GIVING VOLUNTEERS AND THE MEDICAL RESERVE CORPS A CHANCE TO PRACTICE FOR ANY FUTURE INFECTIOUS DISEASE OUTBREAKS. "IF WE NEED TO PROVIDE MASS IMMUNIZATIONS OR MEDICATION TO COUNTY RESIDENTS THIS IS A WAY WE CAN DO IT QUICKLY AND SAFELY."THERE ARE EIGHT DISTRIBUTION SITES IN SARASOTA COUNTY THAT, IN THEORY, COULD GET EVERYONE VACCINATED IN 48 HOURS. THIS COUPLE SAYS THEY'RE NO LONGER NERVOUS ABOUT THE H1N1 FLU. BUT THEY STILL WANT THE VACCINE. THEY'VE BEEN MARRIED 65 YEARS AND KNOW A THING OR TWO ABOUT STAYING HEALTHY. "WE THOUGHT WE'D TAKE CARE OF OURSELVES...WE LIVE THIS LONG "

LENGTH-00:45 ISSUE-CRIME 1 SHOW TIME -11:00

ONE OF THE ACCUSERS IN A SEX ABUSE LAWSUIT FILED AGAINST POPULAR SOUTHERN BISHOP EDDIE LONG IS SPEAKING PUBLICLY FOR THE FIRST TIME. ATLANTA TV REPORTERS CAUGHT UP WITH JAMAL PARRIS YESTERDAY. THE ACCUSERS ALL SAY LONG CONVINCED THEM THAT A SEXUAL RELATIONSHIP WITH THE MAN THEY CALLED "DADDY" WAS PART OF THEIR HEALTHY SPIRITUAL DEVELOPMENT. PARRIS SAYS THE DAMAGING EFFECTS OF THE RELATIONSHIP HAVE BEEN LONG-LASTING.I CANNOT GET THE SOUND OF HIS VOICE OUT OF MY HEAD. I CANNOT FORGET THE SMELL OF HIS COLOGNE, AND I CANNOT FORGET THE WAY THAT HE MADE ME CRY MANY NIGHTS WHEN I DROVE IN HIS CARS ON THE WAY HOME, NOT ABLE TO TAKE ENOUGH SHOWERS TO WIPE THE SMELL OF HIM OFF OF MY BODY."BISHOP LONG HAS DENIED THE ALLEGATIONS. HIS ATTORNEYS HAVE ACCUSED THE PLAINTIFFS OF TRYING THE CASE IN THE MEDIA INSTEAD OF THE COURTROOM.

SEPTEMBER 30, 2010

LENGTH-00:59 ISSUE-HEALTH 5 SHOW TIME-SUNRISE

FLU SEASON STARTS FRIDAY...AND EVEN THOUGH THE SUNCOAST TYPICALLY REACHES IT'S PEAK AFTER THE FIRST OF THE YEAR.... THE SARASOTA COUNTY HEALTH DEPARTMENT IS URGING PEOPLE TO GET VACCINATED NOW. DOZENS CAME OUT TO GET DRIVE BY FLU SHOTS IN SARASOTA YESTERDAY...THE ONE TIME EVENT ... WAS A CHANCE FOR VOLUNTEERS TO PRACTICE DRIVE THRU DISTRIBUTION....IN CASE OF ANY FUTURE INFECTIOUS DISEASE OUTBREAKS."IF WE NEED TO PROVIDE MASS IMMUNIZATIONS OR MEDICATION TO COUNTY RESIDENTS THIS IS A WAY WE CAN DO IT QUICKLY AND SAFELY." THIS YEAR'S FLU SHOT INCORPORATES THE 2009 H1N1 VIRUS. THE WORLD HEALTH ORGANIZATION ... DECLARED AN END TO THE PANDEMIC LAST MONTH. BUT THE CDC REPORTS THE VIRUS WILL LIKELY STICK AROUND ... FOR YEARS TO COME. LOCAL HEALTH OFFICIALS SAY THERE ARE PLENTY OF VACCINES TO GO AROUND....AND THEY'RE URGING PEOPLE TO GET THE SHOT NOW. ALSO NEW THIS YEAR, THEY'VE ADDED A HIGH DOSE FLU VACCINE FOR PEOPLE OVER 65.

LENGTH-00:22 ISSUE-HEALTH 5 SHOW TIME-SUNRISE

MCDONALD'S MAY CUT HEALTH INSURANCE FOR NEARLY 30 THOUSAND HOURLY WORKERS IN THE UNITED STATES... THE FAST FOOD GIANT ... IS SEEKING A WAIVER FROM FEDERAL REGULATORS OF A STIPULATION THAT 80-PERCENT OF PREMIUMS ...MUST BE SPENT ON MEDICAL CARE. OTHERWISE MCDONALD'S SAYSPROVIDING INSURANCE FOR THOSE WORKERS WOULD BE COST PROHIBITIVE.

LENGTH-00:44 ISSUE-HEALTH 5 SHOW TIME-SUNRISE

A NEW STUDY FINDS A LIFESTYLE INTERVENTION MAY BE KEY IN HELPING OVERWEIGHT PATIENTS CONTROL THEIR DIABETES. RESEARCHERS MONITORED WEIGHT LOSS PROGRAM OF MORE THAN 5,000 DIABETIC PATIENTS WHO WERE OVERWEIGHT OR OBESE. HALF PARTICIPATED IN THREE EDUCATIONAL AND SUPPORT SESSIONS EACH YEAR.THE OTHER GROUP WAS ASSIGNED AN INTENSIVE LIFESTYLE INTERVENTION THAT INCLUDED A SPECIALIZED DIET AND EXERCISE PROGRAM ALONG WITH MONTHLY MEETINGS AND PHONE CALLS.PATIENTS IN THIS GROUP LOST SIGNIFICANTLY MORE WEIGHT, AND SAW GREATER IMPROVEMENTS IN THEIR BLOOD SUGAR, BLOOD PRESSURE AND CHOLESTEROL.AT THE END OF THE FOUR-YEAR STUDY, LIFESTYLE INTERVENTION PATIENTS WERE ABLE TO MAINTAIN THEIR HEALTHIER LIFESTYLES BETTER THAN THE NON-INTERVENTION PATIENTS. RESEARCHERS ARE NOT SURE OF THE LONG-TERM EFFECTS ON

CARDIOVASCULAR RISK,BUT A HEALTHY WEIGHT EXERCISE, AND BLOOD SUGAR AND PRESSURE LEVELS ALL ARE ASSOCIATED WITH A REDUCED RISK OF HEART DISEASE.

LENGTH-00:30 ISSUE-CRIME 1 SHOW TIME-5:00

THREE BRADENTON WOMEN ARE OUT OF JAIL ON BOND TONIGHT -- CHARGED IN A PROSTITUTION BUST ON TWO LINGERIE SHOPS. 22-YEAR OLD MEGAN MILLER IS LISTED AS A MODEL AT VIP RELAXATION AND SPA ON 1ST STREET EAST IN BRADENTON. AN UNDERCOVER DEPUTY WENT INTO THE BUSINESS TUESDAY NIGHT AND SAYS MILLER AGREED TO HAVE SEX WITH HIM FOR \$100 . AN HOUR BEFORE MILLER'S ARREST, TWO OTHER WOMEN WERE BUSTED ON SIMILAR CHARGES AT CUPID'S LINGERIE ON CORTEZ ROAD WEST 26-YEAR OLD CAROLINE DAMSTRA AND 29-YEAR OLD ERICA HAGER ARE ALSO LISTED AS MODELS ON THEIR ARREST REPORT.

LENGTH-01:16 ISSUE-CRIME 1 SHOW TIME-5:00

A MOTHER IN TEARS, A FATHER CHOKING HIS BACK. "THERE ARE NO REALLY NO WORDS TO DESCRIBE WHAT WE'VE BEEN THROUGH." THEIR DAUGHTER, 49-YEAR-OLD LAURA SERNA, AN AMERICAN CITIZEN AND FORMER SOUTH FLORIDA RESIDENT MURDERED IN SPAIN. TOM AND SANDRA SERNA RETURNING TO THE STATES AFTER ATTENDING HER FUNERAL THERE LAST WEEK. "SHE WAS SEXUALLY ABUSED, SLASHED IN DIFFERENT PLACES, STABBED, AND THEN THEY DECAPITATED HER AND PUT HER IN BAGS AND THREW HER IN THE RIVER." SERNA HAD BEEN LIVING IN SEVILLE FOR SIX YEARS WORKING AS AN ENGLISH PROFESSOR. THAT WAS UP UNTIL AUGUST 30TH WHEN SHE WAS REPORTED MISSING. DAYS LATER POLICE MADE THE TERRIBLE DISCOVERY IN THE WATER. "WE DON'T KNOW THE DETAILS OF JUST WHAT HAPPENED, HOW IT GOT STARTED, ET CETERA, ET CETERA." A BAG FOUND IN A RIVER CONTAINING SERNA'S HEAD AND ONE OF HER ARMS. ANOTHER SUITCASE WAS THEN FOUND WITH THE REST OF HER BODY. THE SUSPECTED KILLER, 30-YEAR-OLD ANTONIO GORDILLO, BEHIND BARS AND STICKING TO A STUNNING CLAIM. "THEY DID APPREHEND THE KILLER." "WHO CONFESSED BY THE WAY." "WHO CONFESSED... AND HE'S NOW IN JAIL WITHOUT BAIL." "HE'S CLAIMING THAT SHE DID THESE THINGS TO HERSELF, THAT ALL HE DID WAS CUT UP THE BODY." THE SERNAS SAY THAT BECAUSE THE LAWS IN SPAIN FOR MURDER ARE NOT AS TOUGH AS THEY ARE IN THE U.S. THEY FEAR THE ACCUSED KILLER WILL BE ABLE TO WALK THE STREETS AGAIN. "THIS IS NO PROTECTION FOR THE PUBLIC. THIS IS NO PROTECTION... THIS IS NOT A DETERRENT. THIS GUY CAN BE OUT ON THE STREET IN 10 YEARS, AT THE AGE OF 40, 45 YEARS OLD, WITH A FULL LIFE TO LIVE, WHILE MY DAUGHTER SLEEPS IN HER GRAVE, AND THIS IS THE LAW IN SPAIN." "WE DON'T WANT VENGEANCE, WE WANT JUSTICE, AND JUSTICE IS THIS MAN SHOULD ROT IN JAIL."

LENGTH-00:29 ISSUE-CRIME 1 SHOW TIME-6:00

UNDERCOVER DEPUTIES ARREST THREE BRADENTON WOMEN -- AFTER A PROSTITUTION BUST ON TWO LINGERIE SHOPS. 22-YEAR OLD MEGAN MILLER IS LISTED AS A MODEL AT VIP RELAXATION AND SPA ON 1ST STREET EAST IN BRADENTON. AN UNDERCOVER DEPUTY WENT INTO THE BUSINESS TUESDAY NIGHT AND SAYS MILLER AGREED TO HAVE SEX WITH HIM FOR \$100 . AN HOUR BEFORE MILLER'S ARREST, TWO OTHER WOMEN WERE BUSTED ON SIMILAR CHARGES AT CUPID'S LINGERIE ON CORTEZ ROAD WEST 26-YEAR OLD CAROLINE DAMSTRA AND 29-YEAR OLD ERICA HAGER ARE ALSO LISTED AS MODELS ON THEIR ARREST REPORT.

LENGTH-00:29 ISSUE-DRUGS 11 SHOW TIME-6:00

A CHARLOTTE COUNTY MAN LEADS DETECTIVES ON A CHASE --AFTER HE'S BUSTED FOR SELLING MARIJUANA. DEPUTIES BUSTED LESILES WYNTER DURING AN UNDERCOVER DRUG BUY AT THE HOLIDAY INN EXPRESS IN PORT CHARLOTTE. INVESTIGATORS SAY WYNTER SOLD AN UNDERCOVER OFFICER 28 GRAMS OF MARIJUANA FOR 130 DOLLARS. BUT WHEN DEPUTIES TRIED TO ARREST HIM, WYNTERS SPED OFF THROUGH THE HOTEL PARKING LOT. HE LATER CRASHED INTO A PARKED CAR AND GAVE CHASE ON FOOT BEFORE DEPUTIES CAUGHT UP TO HIM. WYNTERS IS BEING HELD WITHOUT BOND AT THE CHARLOTTE COUNTY JAIL.

LENGTH-00:38 ISSUE-CRIME 1 SHOW TIME-11:00

THE BRADENTON WOMAN WHO KIDNAPPED AN IMMIGRANT COUPLE'S BABY IN PLANT CITY TO TRICK HER HUSBAND - HAS BEEN SENTENCED TO 24 YEARS IN PRISON. YOU MAY REMEMBER, 44-YEAR OLD AMALIA TABATA-PEREIRA TRIED TO TRICK PITTSBURGH PIRATES OUTFIELDER JOSE TABATA-- INTO THINKING HE WAS A FATHER... BY FAKING A PREGNANCY AND STEALING A BABY. SHE POSED AS AN IMMIGRATION OFFICIAL, APPROACHED THE BABY'S PARENTS OUTSIDE A CLINIC IN MARCH 2009 AND TOLD THEM THAT THEY NEEDED TO SURRENDER THE INFANT TO AVOID DEPORTATION. THE COUPLE LATER CONTACTED POLICE, AND TABATA-PEREIRA WAS ARRESTED AFTER RETURNING THE BABY TO AUTHORITIES THE NEXT DAY. JOSE TABATA HAS SINCE FILED FOR DIVORCE.